

Maggie Mullen, LCSW, DBT-LBC

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EDUCATION

University of California, Berkeley Master of Social Welfare, concentration in Community Mental Health	May 2013
University of San Francisco, <i>magna cum laude</i> Bachelor of Arts, Sociology, concentration in Criminology, Law and Society	May 2009

PUBLICATIONS

"Dialectical Behavior Therapy (DBT)-Informed Interventions for Psychosis" in <i>Psychological Interventions for Psychosis: Towards a Paradigm Shift</i> , Springer Press	2023
"Las Intervenciones con la Terapia de Conducta Dialéctica Informada (DBT-I) para Psicosis" in <i>Modelos de Cambio: Casos Clínicos en Psicosis</i> , Ediciones Pirámide	2022
<i>The Dialectical Behavior Therapy Skills Workbook for Psychosis</i> , New Harbinger Press	2021
"Defining Terrorism in Anti-Abortion Violence" in <i>Writing for a Real World</i> , 7 th ed.	2009

CURRENT PROFESSIONAL ROLES

Maggie Mullen, LCSW <i>Trainer, Consultant, Author</i>	Oakland, CA	Jan 2017-Present
Kaiser Permanente, Psychiatry Department <i>Training Director, Psychiatric Social Worker</i>	Richmond, CA	Jun 2013-Present
KP School of Allied Health Sciences <i>Adjunct Faculty</i>	Richmond, CA	Dec 2022-Present

PAST CLINICAL EXPERIENCES

Kaiser Permanente, Psychiatry Department <i>Psychiatric Social Work Intern</i>	Richmond, CA	Aug 2012-Jun 2013
Marin County Mental Health Service <i>Social Work Intern</i>	San Rafael, CA	Oct 2011-May 2012

GRADUATE COURSES TAUGHT

MSC1610: Relationship & Sexuality Counseling
MSC1710: Postmodern & Third Wave Therapies
MSC1510: Advanced Counseling Methods
MSC1415: Practicum Seminar
MSC1615: Supervised Fieldwork Seminar

LECTURES AND PRESENTATIONS

DBT for Psychosis (6 hrs), New Roads Behavioral Health, Dec 2024
DBT as a Modality to Address Psychotic Spectrum Disorders, International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, Nov 2024
Dialectical Behavior Therapy Skills (5 hrs), UCLA Public Mental Health Partnership, Nov 2024
Dialectical Behavior Therapy Skills for Foster Youth (5 hrs), First Place for Youth, Aug 2024
Dialectical Behavior Therapy Skills for Psychosis (10 hrs) Praxis, Sept-Nov 2024
Dialectical Behavior Therapy Skills for Adolescents (4 hrs) Orange County Dept of Education, Sept 2024
Dialectical Behavior Therapy Skills for Foster Youth (4 hrs), First Place for Youth, June 2024
DBT for Psychosis for System-Involved Youth (3 hrs), Fred Finch Youth & Family Services, May 2024
Dialectical Behavior Therapy-Informed Interventions for Psychosis (3 hrs), UCLA Public Mental Health Partnership, May 2024
Dialectical Behavior Therapy-Informed Interventions for Psychosis (4 hrs), San Francisco Dept of Public Health, Apr 2024
Dialectical Behavior Therapy for Psychosis (7 hrs), Portland DBT Institute, Feb 2024
DBT & The Transgender Community (1 hr), Portland DBT Institute, Jan 2024
DBT Skills for Psychosis, Advanced Skills (1.5 hrs), Thrive Together Orange County, Jan 2024
Beyond the Binary, Psychosis & The TGNC Community (2 hrs), Thrive Together OC, Dec 2023
Anti-Racism in Social Work Practice, Pitzer College guest lecture, Nov 2023
Introduction to Psychosis (6 hrs), WestCoast Children's Clinic, Oct 2023

DBT for Psychosis for System-Involved Youth (4 hrs), Fred Finch Youth & Family Services, Oct 2023

Dialectical Behavior Therapy Skills (5 hrs), UCLA Public Mental Health Partnership, Sept 2023

CBT for Psychosis for System-Involved Youth (3 hrs), Fred Finch Youth & Family Services, Aug 2023

Radical Acceptance, Schizophrenia Alliance Conference, July 2023

Progressive Approaches to Psychosis (4 hrs), University of Tulsa, July 2023

Dialectical Behavior Therapy- Informed Skills and Interventions (3 hrs), Orange County Health Care Agency, May 2023

Dialectical Behavior Therapy Skills (4 hrs), Lincoln Families, Apr 2023

DBT for Psychosis (3 hrs), Thrive Together Orange County, Apr 2023

CBT for Psychosis (3 hrs), Thrive Together Orange County, March 2023

Dialectical Behavior Therapy for Psychosis (7 hrs), Portland DBT Institute, Jan 2023

Anti-Racism in Social Work Practice, Pitzer College guest lecture, Dec 2022

Personality Disorders (3 hrs), KP School of Allied Health Sciences guest lecture, Dec 2022

Dialectical Behavior Therapy 101 (1 hr), University of California Berkeley guest lecture, Nov 2022

DBT for Psychosis (1 hr), Portland DBT Institute, Nov 2022

Introduction to Psychosis (6 hrs), WestCoast Children's Clinic, Sept 2022

Progressive Approaches to Psychosis (2 hrs), Fred Finch Youth & Family Services, Aug 2022

DBT for System Involved Youth (3 hrs), Fred Finch Youth & Family Services, Jul 2022

DBT Skills for Psychosis (4 hrs), Stanford University Master Clinicians Series, Jun 2022

Beyond the Binary: Working with the Transgender Community, Kaiser Permanente Regional Training Equity, Inclusion, and Diversity Program, Jun 2022

Beyond the Binary (2.5 hrs), Thrive Together Orange County, May 2022

DBT Skills for Psychosis (5 hrs), First Hope Contra Costa County, May 2022

DBT Skills for Psychosis (3 hrs), Thrive Together Orange County, Apr 2022

Dialectical Behavior Therapy 101, University of California Berkeley guest lecture, Apr 2022

CBT for Psychosis (5 hrs), Fred Finch Youth & Family Services, March 2022

Psychosis and Schizophrenia Overview, School of Allied Health Sciences guest lecture, Feb 2022

DBT Skills for Psychosis (3.5 hrs), Fred Finch Youth & Family Services, Feb 2022

Social Work Careers, Pitzer College guest lecture, Dec 2021

Dialectical Behavior Therapy-Informed Interventions for Psychosis (5 hrs), UCLA Public Mental Health Partnership, Oct 2021

Dialectical Behavior Therapy-Informed Interventions for Psychosis, National Association of Social Workers, California Conference, Oct 2021

Dialectical Behavior Therapy Skills for Psychosis (2 hrs), City of Chicago Dept of Public Health, CARE Team, Aug 2021

Beyond the Binary: Working with the Transgender Community, Kaiser Permanente Psychiatry Grand Rounds, Aug 2021

Psychosis Educational Training Series (3 hrs), Ali Forney Center, Jul 2021

Adapting DBT for Psychosis, New Roads Behavioral Health, May 2021

Dialectical Behavior Therapy-Informed Interventions for Psychosis, Kaiser Permanente Psychiatry Grand Rounds, Mar 2021

Dialectical Behavior Therapy-Informed Interventions for Psychosis, UCLA Public Mental Health Partnership, Mar 2021

Beyond the Binary: Working with the Transgender Community, Kaiser Permanente Regional Training Equity, Inclusion, and Diversity Program, Mar 2021

LBGTQ+ Affirming Mental Health Care (8 hrs), Kaiser Permanente Psychiatry Medical Resident Training Program, Sept 2020

Dialectical Behavior Therapy: Practical Applications (3 hrs), UCLA Public Mental Health Partnership, Sept 2020

Cognitive Behavioral Therapy for Psychosis (3 hrs), UCLA Public Mental Health Partnership, Jun 2020

Acceptance and Change: Implementing DBT in Settings that Engage in Treatment Interfering Behavior, International Society for the Improvement and Teaching of Dialectical Behavior Therapy Conference, Nov 2019

Prolonged Exposure Therapy for PTSD, Kaiser Permanente Psychiatry Grand Rounds, Nov 2017

Microaggressions Against the LBGTQ+ Community in Health Care, Kaiser Permanente Psychiatry Grand Rounds, Apr 2015

VOLUNTEER EXPERIENCE

DBT-Linehan Board of Certification Diversity Committee <i>Member</i>		Jan 2023-Jan 2024
ISITDBT Anti-Racism Committee <i>Founding Member</i>		May 2021-May 2024
eQuality Scholarship <i>Evaluator</i>	Oakland, CA	Jan 2019-Jan 2021
Greenpeace USA <i>Lead Activist</i>	San Francisco, CA	Sep 2012-Dec 2020

Alliance for CHANGE

Outside Sponsor; Co-Chair of the Marketing Department

San Quentin, CA

Jul 2009-Jan 2011

San Quentin TRUST

Outside Sponsor

San Quentin, CA

Jul 2008-Jul 2009

ADDITIONAL CLINICAL TRAINING

- Getting to Adherence in DBT Individual Therapy by Drs. Melanie Harned, Sara Schmidt (16.5 hrs)
- Intensive Training in the DBT Prolonged Exposure Protocol for PTSD by Behavioral Tech (28 hrs)
- Doing DBT: An Advanced Intensive Training by Drs. Kelly Koerner, Charlie Swenson (27 hrs)
- Dialectical Behavioral Therapy: Foundational Training by Behavioral Tech (40 hrs)
- DBT for People with Substance Use Disorders by Dr. Linda Dimeff (10 hrs)
- Cognitive Processing Therapy for PTSD, Provider Status (36 hrs)
- Motivational Interviewing, Training by Motivational Interviewing Network of Trainers (42 hrs)
- Certified Sex Educator by San Francisco Sex Information (56 hrs)

AWARDS

President's Advisory Committee on the Status of Women, Gender Justice Award

2011

PROFESSIONAL AFFILIATIONS

National Association of Social Workers (NASW)

Transgender Professional Association for Transgender Health (TPATH)