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#### Certification/Licensure

**Professional Counselor Associate** - Oregon, R9837

#### Education

**M.A., Applied Clinical Psychology, Pacific University, Hillsboro, OR** 2024  
**B.A., Psychology, University of Colorado Boulder, Boulder, CO** 2020

#### Selected Professional Experience

**DBT Clinician, Portland Dialectical Behavior Therapy Institute, Portland OR** 2026-Current  
**Pre-Licensed Associate Therapist, Portland Mental Health and Wellness** 2024-2026  
**Lead Therapist for General Adult IOP Track, Portland Mental Health and Wellness** 2025-2026  
**Qualified Mental Health Intern, CADC-R, LifeWorks NW** 2023-2024

#### Research & Studies

**Graduate Research Assistant**  
*Beauchamp Lab* 2022-2024  
PI: Marshall Beauchamp, Ph.D.  
Pacific University, Hillsboro, OR  
**Professional Research Assistant**  
*Adolescent Brain and Cognitive Development (ABCD) study* 2019-2022  
PIs: Marie Banich, Ph.D., Naomi Friedman, Ph.D., John Hewitt Ph.D.  
University of Colorado Boulder, Boulder, CO

#### Publications & Presentations

Tuvel, A. L., Winiger, E. A., & Ross, J. M. (2023). A Review of the Effects of Adolescent Cannabis Use on Physical Health. *Child and Adolescent Psychiatric Clinics of North America*, 32(1), 85–105. <https://doi.org/10.1016/j.chc.2022.07.005> .

Tuvel, A. L., Beauchamp, M. T. (2024, May 31). *Prescription Stimulant, Cannabis, and Alcohol Use in Individuals with Eating Disorders* [Conference presentation]. ABCCT 2nd Annual Student Research Symposium

#### Other Specialized Training

**Certified Crisis Specialist** - American Association of Suicidology 2026

