

Brenda Shein, Ph.D.

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Certification/Licensure

RDN - Registered Dietitian Nutritionist (Commission on Dietetic Registration)

LD - Licensed Dietitian (OR #D-10255832)

CSN - Certificate in Sports Nutrition (Simmons University)

Education

Doctor of Philosophy in Counseling Psychology, Purdue University, West Lafayette, IN	2019-2025
Master of Education in Counseling Psychology, Purdue University, West Lafayette, IN	2021
Bachelor of Arts in Psychology; Minor in Child and Adolescent Mental Health Studies, New York University, New York, NY	2017

Selected Professional Experience

Postdoctoral Resident, Portland DBT Institute, Portland, OR	2025-Current
Doctoral Psychology Intern – Adult Track, Pacific Psychology and Comprehensive Health Clinics, Portland, OR	2024-2025
Psychology Intern, Wonder Tree Developmental Psychology, Vancouver, WA	2025-Current
Practicum Clinician, Modern Mental Health, West Lafayette, IN	2022-2023
Practicum Clinician, Purdue University Sports Psychology Clinic, West Lafayette, IN	2022-2023
Consultant, Camp Tecumseh, Brookston, IN	2022
Practicum Clinician, Benton Central Jr./Sr. High School, Oxford, IN	2023
Practicum Clinician, Purdue Counseling and Guidance Center, West Lafayette, IN	2020-2021
Youth Development Specialist, Side by Side, Hayward, CA	2018-2019
Advocacy Intern, NYU ROSES (Resilience, Opportunity, Safety, Education, Strength), New York, NY	2016-2017

Teaching Experience

Instructor on Record/Supervisor– EDPS 317: Collaborative Leadership – Mentoring, Purdue University, West Lafayette, IN	2023-2024
Instructor on Record – EDPS 315: Collaborative Leadership – Interpersonal Skills, Purdue University, West Lafayette, IN	2022-2023
Lead Instructor – Upward College Summer Research Program, Burmese American Community Institute (BACI), Indianapolis, IN	2020-2021
Teaching Assistant, NYU Department of Psychology, New York, NY	2016-2017



Research Experience

Doctoral Researcher. Director: Xiang Zhou, PhD, LP, *Parenting, Race, and Family (PRF) Lab*, West Lafayette, IN 2020-2025
Research Assistant - Insicht Lab (Stress and Resilience Lab). Principal Investigator: Sabra Insicht, PhD, *UCSF San Francisco VA Medical Center, San Francisco, CA* 2018-2019
Research Assistant. Supervisors: Joy Huang, PhD; Qi Xu, PhD, NYU *Couples Research Lab in Social Psychology, New York, NY* 2014-2015

Peer Reviewed Publications

Shein, B., Zhou, X. (2025). A qualitative inquiry into peer racial socialization among interminority friendships [in preparation].

Shein, B., Zhou, X. (2024). Predictors and outcomes of interminority cross-race friendships: A systematized review. [Under review].

Shein, B., Zhou, X. (2023). Understanding the relations between family cultural socialization and bicultural identity integration in Burmese college students of refugee background. *Asian American Journal of Psychology*.

Shein, B. (Contributor) (in press). *The Pipeline is Broken: BIPOC Graduate Student Narratives of Finding Justice and Joy*. University Press of Colorado.

Kim, T., **Shein, B.**, Joy, E., Murphy, P., Allan, B. (2023). Social mobility and mental health. *Journal of Counseling Psychology*.

Murphy, P., Kim, T., Joy, E., **Shein, B.**, Allan, B. (2023). Social mobility through doctoral education: Exploring identity, classism, and belongingness. *Journal of Diversity in Higher Education*.

Zhou, X., **Shein, B.**, Khalil, A., Duncan, R. (2022). Parent and child adjustment dual-trajectories at the beginning of the COVID-19 Syndemic in the U.S. *Family Process*.

Allan, B. A., Kim, T., **Shein, B.** (2022). Underemployment and mental health: A longitudinal study. *Journal of Counseling Psychology*.

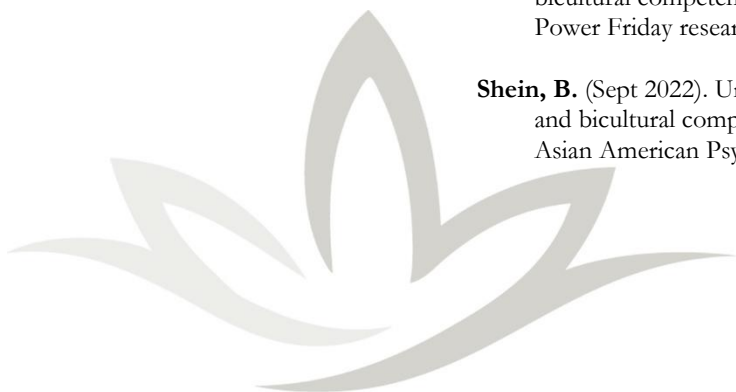
Selected Presentations

Shein, B., Zhou, X. (Apr 2024). Scoping review: Predictors and outcomes of interminority cross-race friendship formation among ethnic minority youth. Presented at the 2024 Society of Research on Adolescence (SRA) Conference, Chicago, IL.

Case, A., **Shein, B.**, Murphy, P., Piechocki, M., Goodman, J. (Jan 2023). Replicating and expanding a mental health consultation model for summer camp counselors. Presented at YMCA Mid America Camping Conference, Brookston, IN.

Shein, B. (Nov 2022). Understanding the relations between cultural socialization and bicultural competence in Burmese college students from refugee backgrounds. Power Friday research showcase, West Lafayette, IN.

Shein, B. (Sept 2022). Understanding the relations between family cultural socialization and bicultural competence in Burmese college students of refugee background. Asian American Psychological Association 2022 National Convention, Virtual.



Shein, B. (March 2022). Building trauma-sensitive schools: A workshop for teachers. Presented at Benton Central Jr./Sr. High School, Oxford, IN.

Shein, B., Zhou, X., Khalil, A., Duncan, R. (Apr 2022). Parent and child adjustment dual-trajectories at the beginning of the COVID-19 syndemic. Poster presented at the Great Lakes Regional Counseling Psychology Virtual Conference.

Shein, B. (Apr 2022). Understanding the relations between cultural socialization and bicultural competence in Burmese college students from refugee backgrounds. Data Blitz session presented at the Great Lakes Regional Counseling Psychology Virtual Conference.

Shein, B., Nikalje, A., Hoxsey, A., Lim, S. (Oct 2020). Psychological response to COVID-19 pandemic. Outreach programming session presented to Purdue College of Education.

Aggarwal, A., **Shein, B.,** Xu, C., Grava, N., Robbins, K. (Sept 2020). Supporting our students of color and international students in times of racism and xenophobia. Outreach programming session presented to Purdue College of Education.

Shein, B. (Jul 2016). [Panelist]. Girls' justice: A conference for child welfare, school, and justice practitioners. New York University, New York, NY.

