

Nicole Cherek, LPC

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Certification/Licensure

Licensed Professional Counselor State of Oregon (#C6862)

Mental Health Professional State of Washington (#61325428)

Licensed Professional Counselor State of Wisconsin (#3238-125)

DBT-LBC Certified Clinician (#3553)

Education

M.S in Community Mental Health, Trinity College of Vermont, 2000
Burlington, VT

B.S.W in Social Work, University of Wisconsin-Milwaukee, 1996
Milwaukee WI

Selected Professional Experience

Licensed Professional Counselor, Portland Dialectical Behavior Therapy 2022-Current
Institute, Portland OR

Licensed Professional Counselor & Alcohol and Drug Abuse 2014-2022
Counselor, Advocate Aurora Behavioral Health, Milwaukee, WI

Licensed Professional Counselor & Alcohol and Drug Abuse 2006-2013
Counselor, Ozaukee County Department of Human Services,
Port Washington, WI

Child & Family Therapist, Roger's Memorial Hospital, West Allis, WI 2002-2006

Director of the Child Crisis Assessment Center, Children's Service 1998-2002
Society of Wisconsin, West Allis, WI

Foster Care Case Manager, Bureau of Milwaukee Child Welfare, 1996-1998
Milwaukee, WI

DBT Specific Training

DBT & Chronic Pain: Dialectical Workshop on Treating Sensory 2024
Dysregulation, Deborah Barrett

Working Well with LGBTQ+ Clients in DBT, Kim Skerven 2024

DBT Prolonged Exposure Protocol for PTSD 4-day Intensive Training, 2024
Melanie Harned / Annie McCall

Beyond the Binary: DBT & the Transgender Community, Maggie Mullen 2024

Cultivating the Practice of Presence, Shaelene Lauriano/ Kathryn Patrick 2023
Butts

DBT for Psychosis, Maggie Mullen 2023

DBT Principles for Parents, Couples, & Families, Alan Fruzzetti 2022-2023

Addressing Judgmentalness, Ashley Maliken 2023

DBT Case Conceptualization, Ashley Maliken 2023

Working Well with the Suicidal Patient, Andrew White 2023



How do you Create an Effective Treatment Team? <i>Blaise Aguirre/Michael Hollander</i>	2023
When the Chaos Settles in DBT: Moving to Treat Quality of Life Interfering Mental Health Problems, <i>Christopher Conley</i>	2023
Optimizing the Engine of Individual DBT, <i>Erica Tan</i>	2022
Working Well with the Suicidal Patient, <i>Charlotte Thomas</i>	2022
DBT for Substance Use Disorders, <i>Linda Dimeff</i>	2018
DBT 10-day Intensive Training, <i>Charles Swenson/Shireen Rizvi</i>	2010
DBT 5-day Intensive Training, <i>Joan Russo/Neal Maglowsky</i>	2009

Other Specialized Training/Certifications

Providing Mental Health Assessments for Gender Affirming Surgery Referral Letters	2023
Eating Disorders, Yamhill 6 hour workshop	2023
Certification in Trauma Counseling, University of Wisconsin-Milwaukee	1996

