

Carly Uebel, LCSW

5100 S Macadam, Suite 350

Portland, OR 97239

www.pdbti.org

(503) 290-3281

CUebel@pdbti.org

Certification/Licensure

Licensed Clinical Social Worker Oregon L16385, Illinois 149.027814

Education

Master of Arts - Clinical Social Work, University of Chicago, Chicago, IL 2022

Bachelor of Arts, Anthropology, University of Oregon, Eugene, OR 2014

Selected Professional Experience

DBT Therapist, *Portland Dialectical Behavior Therapy Institute, Portland OR* 2025-Current

Psychotherapist, *Cognitive Behavioral Associates of Chicago, Chicago, IL* 2022-2025

Program Coordinator, *University of Chicago Medicine, Violence Recovery Program, Chicago, IL* 2020-2023

Violence Recovery Specialist, *University of Chicago Medicine, Violence Recovery Program, Chicago, IL* 2020-2022

Graduate Intern, *Thresholds, Chicago, IL* 2019-2020

Professional Memberships

Association of Contextual Behavioral Sciences

International OCD Foundation

