



Portland DBT  
INSTITUTE

## **DBT CITI EXAM KEY**



**Please do not look at this answer key until all test questions have been answered as this will augment your learning.**

# DBT CITI Exam Answer Key

## Chapter 1

1. A (Linehan, 1993, p. 11-13)
2. True (Linehan, 1993, p. 14)
3. C (Linehan, 1993, p. 20)
4. D (Linehan, 1993, p. 20)
5. B (Linehan, 1993, p. 17)

## Chapter 2

1. D (Linehan, 1993, p. 31)
2. True (Linehan, 1993, p. 34)
3. A (Linehan, 1993, p. 43)
4. C (Linehan, 1993, p. 43-44)
5. A (Linehan, 1993, p. 43-44)
6. D (Linehan, 1993, p. 51)
7. C (Linehan, 1993, p. 60)

## Chapter 3

1. A (Linehan, 1993, p. 68)
2. C (Linehan, 1993, p. 77)
3. C (Linehan, 1993, p. 78)
4. D (Linehan, 1993, p. 81)
5. B (Linehan, 1993, p. 86)
6. B (Linehan, 1993, p. 93)

## Chapter 4

1. A (Linehan, 1993, p. 117)
2. B (p. 101; antiracism article; Linehan, 1993, p. 101)
3. C (Linehan, 1993, p. 100)
4. D (Linehan, 1993, p. 109)
5. B (Linehan, 1993, p. 106)
6. B (Linehan, 1993, p. 115-116)
7. C (Linehan, 1993, p. 112-114)
8. D (Linehan, 1993, p. 106)
9. D (Linehan, 1993, p. 100)
10. True (Linehan, 1993 p. 100)

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11. True (Linehan, 1993, p. 101)
12. D (Linehan, 1993, p. 104)
13. False (Linehan, 1993, p. 108).

### **Chapter 5**

1. D (Linehan, 1993, p. 123)
2. D (Linehan, 1993 p. 125)
3. True (Linehan, 1993, p. 126)
4. C (Linehan, 1993, p. 131-136)
5. D (Linehan, 1993, p. 142)

### **Chapter 6**

1. False (Linehan, 1993, p. 167)
2. D (Linehan, 1993, p. 168)
3. A (Linehan, 1993, p. 167)
4. A (Linehan, 1993, p. 174)
5. True (Linehan, 1993, p. 174)
6. D (Linehan, 1993, p. 180)
7. C (Linehan, 1993, p. 182)
8. A (Linehan, 1993, p. 181)
9. D (Linehan, 1993, p. 190-191)
10. B (Linehan, 1993, p. 194-195)

### **Chapter 7**

1. C (Linehan, 2014, p. 50)
2. B (Linehan, 2014, p. 60-61)
3. A (Linehan, 1993, p. 212)
4. A (Linehan, 1993, p. 205)
5. D (Linehan, 1993, p. 216)

### **Chapter 8**

1. D (Linehan, 2014, p. 124)
2. A (Linehan, 2014, p. 124)
3. C (Linehan, 2014, p. 156)

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4. B (Linehan, 2014, p. 156)
5. C (Linehan, 1993, p. 20)
6. D (Linehan, 1993, p. 205; Linehan 2014, p. 156)
7. B (Linehan, 1993, p. 221)
8. B (Linehan, 2014, p. 156)

### **Chapter 9**

1. C (Linehan, 2014, p. 213)
2. D (Linehan, 2014, p. 264)
3. A (Linehan, 2014, p. 212)
4. D (Linehan, 2014, p. 212)
5. A (Linehan, 1993, p. 292-371)
6. D (Linehan, 1993, p. 258-264)
7. C (Linehan, 1993, p. 450-454)
8. B (Linehan, 1993, p. 469-473)
9. D (Linehan, 1993, p. 104)

### **Chapter 10**

1. D (Linehan, 2015, p. 416)
2. B (Linehan, 2015, p. 443)
3. C (Linehan, 2015, p. 440-441)
4. B (Linehan, 2015, 447)
5. D (Linehan, 2015, p. 450-473)
6. C (Linehan, 1993, p. 295-296)
7. C (Linehan, 1993, p. 305)
8. D (Linehan, 1993, p. 306)
9. B (Linehan, 1993, p. 306)
10. D (Linehan, 1993, p. 308-309)
11. D (Linehan, 1993, p. 320)

### **Chapter 11**

1. C (Linehan, 1993, p. 335)
2. E (Linehan, 1993, p. 348-349)
3. D (Linehan, 1993, p. 352)
4. True (Linehan, 1993, p. 364)
5. C (Linehan, 1993, p. 366)

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## Chapter 12

1. D (Linehan, 1993, p. 371-372)
2. D (Linehan, 1993, p. 371)
3. D (Linehan, 1993, p. 371-372)
4. D (Linehan, 1993, p. 377-382)
5. A (Linehan, 1993, p. 394)

## Chapter 13

1. D (Linehan, 1993, p. 399-434)
2. C (Linehan, 1993, p. 402)
3. D (Linehan, 1993, p. 406-408)
4. A (Linehan, 1993, p. 413)
5. C (Linehan, 1993, p. 426-429)

## Chapter 14

1. C (Linehan, 1993, p. 437-461)
2. E (Linehan, 1993, p. 442-443)
3. B (Linehan, 1993, p. 445)
4. A (Linehan, 1993, p. 453 and p. 170)
5. True (Linehan, 1993, p. 450)
6. B (Linehan, 1993, p. 455)
7. D (Linehan, 1993, p. 459)

## Chapter 15

1. D (Linehan, 1993, p. 513-514)
2. E (Linehan, 1993, p. 500-502)
3. B (Linehan, 1993, p. 194, 355 & 496)
4. D (Linehan, 1993, p. 500-502)
5. B (Linehan, 1993, p. 499)
6. D (Linehan, 1993, p. 477-486)
7. True (Linehan, 1993, p. 474)
8. D (Linehan, 1993, p. 514)