

Natalie Torres, RDN, LD

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Certification/Licensure

RDN - Registered Dietitian Nutritionist (Commission on Dietetic Registration)

LD - Licensed Dietitian (OR #D-10255832)

CSN - Certificate in Sports Nutrition (Simmons University)

Education

<i>MS in Nutrition & Health Promotion, Simmons University, Boston, MA</i>	<i>2024</i>
<i>Bachelor of Science in Nutrition & Dietetics, California State University, Los Angeles (CSULA), Los Angeles, CA</i>	<i>2018</i>
<i>Dietetic Internship (DI), Wellness Workdays, Hingham, MA</i>	<i>2022 - 2023</i>

Selected Professional Experience

<i>Registered Dietitian Nutritionist, Portland Dialectical Behavior Therapy Institute, Portland OR</i>	<i>2025-Current</i>
<i>Degreed Nutritionist, Public Health Foundation Enterprises WTC, Los Angeles, CA</i>	<i>2021-2022</i>
<i>Community Health Worker (Temporary Grant-Funded Role), Harbor Community Health Center, San Pedro, CA</i>	<i>2021</i>
<i>Nutritionist and Certified Kickboxing Instructor, Harbor Fitness, San Pedro, CA</i>	<i>2016-2020</i>
<i>Wellness Consultant and Licensed X-Ray Technician, BodySpec, Los Angeles, CA</i>	<i>2018-2020</i>

Volunteer Experience

<i>Healthy Cooking Class Instructor, Cal State LA, Los Angeles, CA</i>	<i>2018</i>
<i>Sports Performance Nutrition Intern, UCLA, Los Angeles, CA</i>	<i>2018</i>
<i>Wellness Intern, CSULA CalFresh Outreach Center, Los Angeles, CA</i>	<i>2017-2018</i>

Memberships & Service

<i>Weight Inclusive Nutrition and Dietetics Membership, February Academy of Nutrition and Dietetics Membership</i>	<i>2023-Current</i>
<i>California Academy of Nutrition and Dietetics Membership</i>	<i>2021-Current</i>
<i>Diversify Dietetics Membership</i>	<i>2021-Current</i>

