

Christal Rothrock, MS, LPC, LAC, DBT-LBC  
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#### Certification/Licensure

**DBT-LBC:** Linehan Board of Certification – 2020  
**Licensed Professional Counselor,** State of Oregon (C3501)  
**Licensed Professional Counselor,** State of Washington (MHC.LH 61619816)  
**Licensed Professional Counselor,** State of Colorado (LPC.0014414)  
**Licensed Addiction Counselor,** State of Colorado (ACD.0002758)

#### Education

*Masters in Counseling Psychology,* Chatham University, *Pittsburgh PA* 2010  
*Bachelors in Psychology,* Oregon State University, *Corvallis OR* 2001

#### Selected Professional Experience

**DBT Certified Clinician,** Portland DBT Institute, *Portland OR* 2024-Present  
**Trainer, Clinical Supervisor, Owner,** Rothrock Consulting 2020-Present  
**Supervisor, Behavioral Clinician,** DHS, DOC, *State of Colorado* 2018-2020  
**Clinical Supervisor, Lead DBT Clinician,** Deschutes County, OR 2015-2018  
**Faculty,** Oregon Health and Science University, *Portland OR* 2014-2015  
**Therapist,** Clackamas County, OR 2013-2014  
**Therapist,** CODAC Behavioral Health, *Tucson AZ* 2013-2013  
**Therapist,** Mercy Behavioral Health, *Pittsburgh PA* 2007-2011

#### Other Specialized Training/Certifications

**Dialectical Behavior Therapy**  
• DBT-PE Intensive, *Melanie Harned PhD & Samantha Yard PhD* 2022  
• Strengthening Your Practice of DBT, *Behavioral Tech* 2022  
• DBT for Eating Disorders, *PDBTI* 2017  
• DBT for High-Risk Clients, *PDBTI* 2017  
• Summer with Marsha and Friends, 5-day advanced training 2016  
• DBT Internship 2019-2020  
**Cognitive Behavioral Therapy,** *Chatham University* 2007-2009  
**Solution Focused Brief Therapy** 2009  
**Motivational Interviewing** 2011  
**Forensic Interviewing,** *State of Arizona* 2018-2019  
**ABA Coursework,** *Northern Arizona University* 2021-2023  
**CAMS, Foundational training and monthly consultation** 2023  
**TF-CBT**  
**Clinical Supervision Training,** *Colorado* 2021, 2024  
**Empty Cloud Sangha**  
• Board Member, Secretary 2022-Present  
• Board Chair, Communications Committee 2023-Present  
• Mindfulness Retreat Attendee 2018  
• Formal Zen student of Roshi Randy Wolbert 2021-Present

