

Seeking provider feedback on DBT phone coaching approaches.

Do you provide **phone coaching** within a **comprehensive DBT program**? We want to hear about your experiences!

Our hope is this study will provide useful information for guiding programs in making decisions around phone coaching policies, particularly around balancing clinician workload with client skills generalization.

We are collecting data on phone coaching practices, experiences of workload, and general demographic information. We estimate the survey will take approximately **10-15 minutes**. All responses are confidential and anonymous. A separate study is being done to collect information on clients' experience of phone coaching.

Requirements for Participation:

- Over the age of 18
- A resident of the United States
- Providing DBT in a comprehensive DBT program (i.e., programs with individual therapy, group skills training, consultation team, and phone coaching)

Potential Benefits:

There is no direct benefit to completing this survey, although data may be useful to the larger DBT community. Eligible participants will have the option of being entered in a lottery to win a **\$100 gift card**.

Click on the link below or scan the QR code to participate:

<https://www.surveymonkey.com/r/LMSDKRZ>



For more information, please contact the lead investigator Andrew White, PhD, ABPP at awhite@pdbti.org or (503) 290-3281.