

Nicole Cherek, LPC  
 5100 S Macadam, Suite 350  
 Portland, OR 97239  
 www.pdbti.org  
 (503) 290-3285  
[ncherek@pdbti.org](mailto:ncherek@pdbti.org)

### Certification/Licensure

**Licensed Professional Counselor** State of Oregon (#C6862)  
**Mental Health Professional** State of Washington (#61325428)  
**Licensed Professional Counselor** State of Wisconsin (#3238-125)

### Education

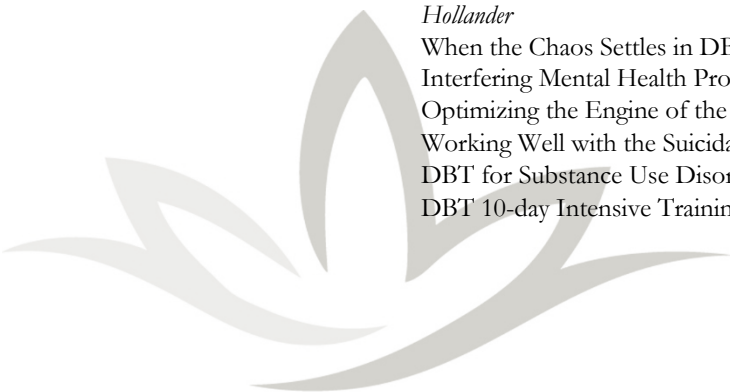
**M.S. in Community Mental Health** Trinity College of Vermont 2000  
*Burlington, VT*  
**B.S.W. in Social Work, University of Wisconsin-Milwaukee, Milwaukee, WI** 1996

### Selected Professional Experience

**Licensed Professional Counselor, Portland Dialectical Behavior Therapy Institute, Portland, OR** 2022-Present  
**Licensed Professional Counselor & Alcohol and Drug Abuse Counselor, Advocate Aurora Behavioral Health, Milwaukee, WI** 2014-2022  
**Licensed Professional Counselor & Alcohol and Drug Abuse Counselor, Ozaukee County Department of Human Services, Port Washington, WI** 2006-2013  
**Child & Family Therapist, Roger's Memorial Hospital, West Allis, WI** 2002-2006  
**Director of the Child Crisis Assessment Center, Children's Society of Wisconsin, West Allis, WI** 1998-2002  
**Foster Care Case Manager, Bureau of Milwaukee Child Welfare, Milwaukee, WI** 1996-1998

### DBT Specific Training

DBT & Chronic Pain: Dialectical Workshop on Treating Sensory Dysregulation, *Deborah Barrett* 2024  
 Working Well with LGBTQ+ Clients in DBT, *Kim Skerven* 2024  
 DBT Prolonged Exposure Protocol for PTSD 4-day Intensive Training, *Melanie Harned/ Annie McCall* 2024  
 Beyond the Binary: DBT & the Transgender Community, *Maggie Mullen* 2024  
 Cultivating the Practice of Presence, *Shaelene Lauriano/ Kathryn Patrick Butts* 2023  
 DBT for Psychosis, *Maggie Mullen* 2023  
 DBT Principles for Parents, Couples, & Families, *Alan Fruzzetti* 2022-2023  
 Addressing /Judgmentalness, *Ashley Maliken* 2023  
 DBT Case Conceptualization, *Ashley Maliken* 2023  
 Working Well with the Suicidal Patient, *Andrew White* 2023  
 How do you Create an Effective Treatment Team? *Blaise Aguirre/ Michael Hollander* 2023  
 When the Chaos Settles in DBT: Moving to Treat Quality of Life Interfering Mental Health Problems, *Christopher Conley* 2023  
 Optimizing the Engine of the Individual DBT, *Erica Tan* 2022  
 Working Well with the Suicidal Patient, *Charlotte Thomas* 2022  
 DBT for Substance Use Disorders, *Linda Dimeff* 2018  
 DBT 10-day Intensive Training, *Charles Swenson/ Shireen Rizvi* 2010



DBT 5-day Intensive Training, *Joan Russo/Neal Maglowsky*

2009

**Other Specialized Training/Certifications**

Providing Mental Health Assessments for Gender Affirming Surgery Referral Letters 2023

Eating Disorders, *Yambill 6-hour workshop* 2023

Certification in Trauma Counseling, *University of Wisconsin-Milwaukee* 1996

