

**Rachel Mackintosh RD LD**  
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**Certification/Licensure**

**LD** – Licensed Dietitian (Oregon)  
**RD** – Registered Dietitian (Commission on Dietetic Registration)

**Education**

**Dietetic Internship, *University of Arkansas for Medical Sciences, Little Rock, AR*** 2010  
**B.S. in Human Environmental Sciences, *University of Arkansas, Fayetteville, AR*** (Cum Laude) 2009

**Selected Professional Experience**

**Nutritionist, *Path to Mindful Eating Team, Portland DBT Institute, Portland, OR*** 2021-Present  
**Director of Dining Services & Clinical Nutrition, *West Hills Health & Rehab, Portland, OR*** 2015-2021  
**Consultant Dietitian, *Healthcare Services Group, OR & WA locations*** 2015  
**Field Support Dietitian, *Morrison Senior Living, AZ, CO & KS locations*** 2014-2015  
**Nutrition Care Manager, *Good Samaritan Society, Las Cruces, NM*** 2010-2014

**DBT Specific Training**

**DBT Comprehensive Implementation & Training Intensive Part 1 (40 hours)** 2021  
**EDRD Pro DBT Plus Training for Eating Disorder Dietitians (16 hours)** 2023

**Selected Professional Memberships**

**Columbia River Eating Disorder Network**

**EDRD Pro**

**Weight Inclusive Nutrition & Dietetics**

