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#### Education

**Psychology, B.S.** University of Washington Seattle, Washington 2023

## Selected Professional Experience

IOP Operations & Research Associate, Portland DBT Institute, Portland,	2023-Present
Orgeon	
<b>Research Assistant</b> , Center for the Study of Health and Risk Behaviors (CSHRB)	2022-2023
Lab, Seattle, Washington	
Research Assistant, Research in Implementation Science and Effectiveness in Mental	2021-2023
Health (RISE MH) Lab, Seattle, Washington	

#### Honors/Awards James Steele Scholarship Annual Dean's List 2019-2023

### **Publications**

Triplett, N.S., Mbwayo, A., Kiche, S., Silva-Alvarez, J., Liu, L., AlRasheed, R., Johnson, C., Amanya, C., Munson, S., Weiner, B.J., Collins, P.Y., Dorsey, S. (in press). Co-developed implementation guidelines to maximize acceptability, feasibility, and usability of mobile phone supervision in Kenya. *Cambridge Prisms: Global Mental Health.* 

#### **Convention Presentations**

Conroy, K.E., Silva-Alvarez, J., Blayney, J.A., Jaffe, A.E., Walukevich-Dienst, K., Garcia, T.A., & Larimer, M.E. (2023). Drinking to Cope Associated With Greater Number of Alcohol-Related Consequences for SGM College Students Celebrating Pride. Poster presented at the Sexual and Gender Minority Special Interest Group Poster Session at the 57<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

Triplett, N.S., Nabalia, B., Okoth, D., Nyaboke, O., Silva-Alvarez, J., Liu, L., Kiche, S., Mbwayo, A., Amanya, C., Dorsey, S. (2023). Co-developed implementation guidelines to maximize acceptability, feasibility, and usability of mobile phone supervision in Kenya: Process and mixed methods outcomes. Paper presented at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies Conference.

Silva-Alvarez, J., Monroy, J., Gao, Z., (2023, May 19). Risk Factors and Treatment for Hazardous Drinking among the Hispanic Population. Poster presented at the 2023 University of Washington Undergraduate Research Symposium.

- Silva-Alvarez, J., Monroy, J., Gao, Z., (2023, April 12). Risk Factors and Treatment for Hazardous Drinking among the Hispanic Population. Poster presented at the 2023 Gabriel E. Gallardo Research, Student Leadership & Advocacy Symposium.
- Lu, C., Silva-Alvarez, J., Dorsey, S. (2023, November 16 19). Factors contributing to community mental health providers' feelings of burnout: A mixed-method study [Poster presentation]. Accepted at the Special Interest Group Poster Exposition at the 57<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.
- Triplett, N. S., Silva-Alvarez, J., Liu, L., Johnson, C., Dastrup, K., Kiche, S., Amanya, C., Mbwayo, A., Dorsey, S. (2022). Understanding Lay Counselor Perspectives on Mobile Phone Supervision in Kenya: A Mixed Method Human-Centered Design Study. Poster presented at the 2022 Journal of Clinical Child and Adolescent Psychology Future Directions Forum.

# Selected Experiences

Lui, P. P., Colston, R., **Silva-Alvarez, J.**, Monroy, J., & Huynh, M. (2023, June). Navigating intergenerational relationships: Psychological science, counseling services, and youth perspectives. Invited presentation at the Mental Health Matters Washington, WA.

