

# Top 10 Effective Supervision Methods

1. **Feedback** (including praise and constructive criticism)
2. **Observation and Outcome Monitoring**
3. **Discussion** (including providing a rationale; questions and answers; objective-setting; problem-solving; challenging supervisees thinking)
4. **Written/Verbal Prompts and Instructions** (including guidelines)
5. **Encouraging Autonomy**
6. **Formulation** (including paper and pencil tasks to increase understanding)
7. **Modelling Skills** (live/video; live supervision)
8. **Behavioural Rehearsal** (including role play)
9. **Homework Assignment** (e.g. guided reading)
10. **'Other'** (e.g. alliance-building work)