

Eric Matsunaga
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Education

B.A. in Psychology, University of California, Berkeley 2020
Berkeley, California

Professional Experience

Outpatient Clinic Operations & Research Associate 2020-Present
Portland Dialectical Behavior Therapy Institute, Portland, Oregon
Research Assistant 2019-2020
University of California, Berkeley, Berkeley, California
EMT-B 2018-2019
Falcon Critical Care Transport, San Pablo, California

Publications

Matsunaga, E. (2021). Utilization of the Presence of Sleep Disorder(s) as a Diagnostic Tool in the Primary Care Assessment of Mental Illness. *Undergraduate Journal of Psychology at Berkeley, 14*, 41-44.
Matsunaga, E., Dunn, N., White, A. W., Williams, C., Johnson, E., Dimeff, L. A. (2021). Finding, Training, and Implementing DBT Co-Leaders. *DBT Bulletin, 6(1)*, 17-19.
 Dunn, N., Walton, C., **Matsunaga, E.,** Williams, C., & Dimeff, L.A. (in prep). Consumer satisfaction with Dialectical Behavior Therapy delivered via telehealth during the COVID-19 pandemic.

Presentations

White, A. W., Dimeff, L. A., Dunn, N., **Matsunaga, E.,** & Wampler, L. (2021, March). Portland DBT Institute Employee Summit: Clinic Health. Technical Report presented to staff and managers of the Portland DBT Institute, Online.
 Dunn, N., **Matsunaga, E.,** White, A.W., & Dimeff, L.A., (2021, November). Utilization of the COVID-19 Telehealth Framework as a Means of Reducing Health Disparities. Poster presented at the Association for Behavioral and Cognitive Therapies, Online.
Matsunaga, E., Dunn, N., Williams, C., White, A.W., & Dimeff, L.A. (2021, November). Mind the Gap! Development of a Co-Leader Supervision Group. Poster presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Online.
 Dunn, N., **Matsunaga, E.,** Williams, C., Johnson, E., White, A.W., & Dimeff, L.A. (2021, November). From Values to Action Steps: Finding, Training, and Implementing DBT Co-Leaders. Clinical workshop presented at the International Society for the Improvement and Teaching of Dialectical Behavior Therapy, Online.
 White, A.W., Dunn, N., **Matsunaga, E.,** Williams, C., & Dimeff, L.A. (2021, November). Transition to Telehealth in a Free Standing Dialectical Behavior Therapy Clinic: Telehealth Acceptability and Impact of Full Fidelity Versus Group-Only Services. Poster presented at the Association for Behavioral and Cognitive Therapies Research in Clinical Practice SIG, Online.



Professional Trainings

- White, A.W., Dunn, N., & **Matsunaga, E.** (2020, October). Integration of Data into Practice: PsychSurveys CE Training. Portland DBT Institute, Online.
- White, A.W., Dunn, N., & **Matsunaga, E.** (2021 February). Effective Use of DBT Co-Leaders CE Training. Portland DBT Institute, Online.
- Dunn, N. & **Matsunaga, E.** (2021 May, August). DBT Co-Leader Orientation for Student Trainees. Portland DBT Institute, Online.

Selected Specialty Trainings

- Dialectical Behavior Therapy Training for Co-Leaders with Landon Michaels, PsyD
- DBT Skills for DV Advocates with Margaret Hobart, PhD & Beth Rogers, MA, LMHC
- Clinical Equity Training and Consultation with Leticia Nieto, PhD
- A Crash Course on Suicide and Suicide Prevention with David Jobes, PhD, ABPP
- FedUp Collective: Transforming Eating Disorder Recover – Trans and Gender Diverse
- Cultural Competency Training and Consultation for Eating Disorder Clinicians
- The Borderline-Interpersonal Affective Systems (BIAS) Model of Borderline Personality Disorder with Skye Fitzpatrick, PhD

