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Certification/Licensure

LPC- Licensed Professional Counselor (OR#C4374)

Education

M.A. in Counseling Psychology, Pacific University, Forest Grove, OR. 2013
 Evidence Based Practice Sample (Case Study): “Seeing Beyond the Mask: Acceptance and Commitment Therapy for Sex Offending Behaviors in an Adult Male with Asperger’s Disorder.”

B.S. in Psychology, Portland State University, Portland, OR 2003

Selected Professional Experience

Portland DBT Institute of Salem, Salem OR 2018-current
Behavior Health Specialist, Oregon State Hospital 2018
Treatment Care Plan Specialist, Oregon State Hospital 2016-2018
Mental Health Specialist, Oregon State Hospital 2015-2016

Consultant, SIS Assessor, American Association for Intellectual and Developmental Disabilities (AAIDD) 2011-2015

REBAR Program Manager, Assessment Team Manager, Office of Developmental Disabilities, State of Oregon 2013-2014

Therapist, Private Practice, Salem, OR. 2013-2015
Assessment Specialist, Office of Developmental Disabilities, State of Oregon 2009-2011

Behavior/Vocational Specialist 2, Office of Developmental Disabilities, State Operated Community Programs, State of Oregon 2006-2009

Habilitative Training Technician 2, Office of Developmental Disabilities, State Operated Community Programs, State of Oregon 2004-2006

Treatment coordinator, Morrison Center for Children and family services, Portland, OR. 2002-2004

Residential Specialist, Edwards Center for Developmental Disabilities, Portland, OR. 1998-2002

Honors/Awards

Outstanding Practitioner/Scholar, Pacific University 2013

Outstanding Academic Status- Pacific University 2012



DBT Specific Training

Optimizing the engine of DBT in Individual Therapy, Dr, Erica Tan	2022
Optimizing Eating Disorder Treatment with DBT, Amy Kalasunas, LPCC-S	2021
Working with Shame in DBT, Dr. Milton Brown	2021
Intensive Training in the DBT-PE Protocol for PTSD, Dr. Melanie Harned	2019
“DBT CITI: Portland DBT Institute Comprehensive Implementation and Training Initiative-Part I” 40 hours- Linda Dimeff, PHD	2017
Dialectical Behavior Therapy (DBT)” 2 day Intensive training- Oregon State Hospital	2016
“Dialectical Behavior Therapy (DBT) Skills Coaching” 4 hour training- Oregon State Hospital	2016

Other Specialized Training

Introductory Competencies for LGBTQ-Affirmative Counseling, ACA	2020
Conversations with LGBTQ Youth, ACA	2020
Transgender & Gender-Expansive Counseling Issues, ACA	2020
“CBT for Psychosis.” Jessica Murakumy-Brundage, PHD, Oregon State Hospital	2018
“Conceptualizing Psychosis” Kris Thomas, PHD, Oregon State Hospital	2018
“Supervision Training for LPC”- 30 hours-Michelle Cox PHD.,LPC,	2017
“ACT Made Easy: Acceptance and Commitment Therapy for Depression, Anxiety, Trauma, and Personality Disorders”- 8 hours-Jennifer Patterson, Psy.D	2015
“Acceptance and Commitment Therapy (ACT)” –Joseph Rhinewine PH.D	2013
“Motivational Interviewing 1&2” 2 day training- Oregon State Hospital	2013
“Strengthening Your Practice with Relational Frame Theory (RFT)” 2 day training- Matthieu Villatte, PH.D	2013



