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Certification/Licensure

PsyD- Licensed Clinical Psychologist (OR#2071)
 DBT-LBC Certified Clinician (#984)

Education

PsyD In Clinical Psychology, Regent University, Virginia Beach, VA 1999-2004
Dissertation: "An Exploratory Study of Attributions Made by Individuals Who Experience Same-Sex Attraction"
M.A. in Clinical Psychology, Regent University, Virginia Beach, VA 1999-2002
B.A. with Honors in Psychology, University of Ottawa, Ottawa, ON, Canada 1995-1999
Honors Thesis: Parent and Adolescent Perceptions of Ability and Task Values: Influence on Adolescent Academic Achievement and Intentions for Future Enrolment in Math and Science Courses

Professional Experience

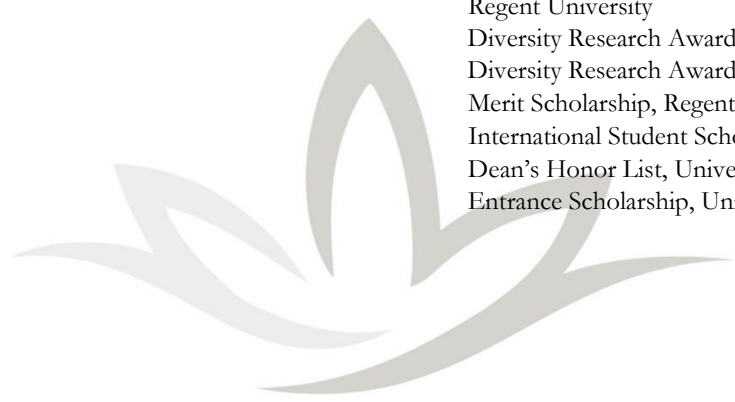
Licensed Clinical Psychologist and Supervisor, Portland Dialectical Behavior Therapy Institute, Portland OR 2010-Current
Research Fellow, Institute for the Study of Sexual Identity (ISSI), Regent University, Virginia Beach, VA 2003-Current
Clinical Training Director, Eden Family Institute, Virginia Beach, VA 2007-2010
Licensed Clinical Psychologist, Eden Counseling Center/ Eden Family Institute, Virginia Beach, VA 2005-2010
Clinical Supervisor, Regent University, Virginia Beach, VA 2009-2010
Clinical Psychology Resident, Eden Family Institute, Virginia Beach, VA 2004-2005

Clinical Psychology Intern, Crownsville Hospital Center; Adult, Forensic, and Adolescent Intake Units, , Crownsville, MD 2004
Research Assistant, Regent University, Virginia Beach, VA 2000-2003
Advanced Practica Intern, Court Services Unit, Chesapeake, VA 2002-2003

Group Co-leader, Christian Psychotherapy Services, Virginia Beach, VA 2002-2003
Clinical Practica Intern, Atlantic Psychiatric Services, Virginia Beach, VA 2001-2002
Clinical Practica Intern, Group Leader, Psychological Services Center, Regent University, Virginia Beach, VA 2001-2002

Honors/Awards

Outstanding Graduate in the School of Psychology and Counseling Doctor of Psychology Degree Program, Regent University 2003-2004
 Nomination to Who's Who in American Universities and Colleges by Regent University 2003-2004
 Diversity Research Award, Regent University 2003
 Diversity Research Award, Regent University 2001
 Merit Scholarship, Regent University 1999-2003
 International Student Scholarship, Regent University 1999-2003
 Dean's Honor List, University of Ottawa 1996-1998
 Entrance Scholarship, University of Ottawa 1996



Teaching Experience

Adjunct Professor , George Fox University, Newberg, OR	2011-2013
Adjunct Professor , Regent University, Virginia Beach, VA	2007-2009
Course Co-Instructor , Richmond College, Atlanta, GA	2008
Course Facilitator , Psychological Studies Institute, Atlanta, GA	2006
Adjunct Professor , Regent University, Virginia Beach, VA	2005
Training Coordinator , Regent University, Virginia Beach, VA	2001-2002
Guest Instructor/Facilitator , Regent University, Virginia Beach, VA	2002

Publications

- Tan, E.S.N.**, & Yarhouse, M.A. (2010). Facilitating congruence between religious beliefs and sexual identity with mindfulness. *Psychotherapy: Theory, Research, Practice, Training*, 45(4), 500-511.
- Hathaway, W., & **Tan, E.S.N.** (2009). Religiously oriented mindfulness based cognitive therapy. *Journal of Clinical Psychology*, 65(2), 158-171.
- Tan, E.S.N.** (2008). Mindfulness in sexual identity therapy: A case study. *Journal of Psychology and Christianity*, 27(3), 274-278.
- Yarhouse, M. A., & **Tan, E. S. N.** (2005). Addressing religious conflicts in adolescents who experience sexual identity confusion. *Professional Psychology: Research and Practice*, 36 (5), 530-536.
- Yarhouse, M. A. & b, & Pawlowski, L. M. (2005). Sexual Identity Development and Synthesis Among LGB-Identified and LGB Dis-Identified Persons. *Journal of Psychology and Theology*, 33 (1), 3-16.
- Yarhouse, M. A., & **Tan, E. S. N.** (2005). Sexual Identity and Being a Christian. *Journal of Psychology and Christianity*, 24 (1), 84-87.
- Yarhouse, M.A., **Tan, E.S.N.**, & Pawlowski, L.M. (2005). Sexual identity development and synthesis among LGB-identified and LGB-dis-identified persons. *Journal of Psychology and Theology*, 33(1), 3-16.
- Yarhouse, M. A., & **Tan, E. S. N.** (2004). *Sexual identity synthesis: Attributions, Meaning-Making, and the Search for Congruence*. Lanham, MD: University Press of America.
- Yarhouse, M. A. & **Tan, E. S. N.** (2003). "Gay" Youth? Navigating the Course of Sexual Identity Confusion in Adolescence. *Marriage & Family: A Christian Journal*, 6 (3), 35-368.
- Yarhouse, M.A., Pawlowski, L.M., & **Tan, E.S.N.** (2003). Intact marriages in which one partner experiences same-sex attraction. *Journal of Marriage and Family Therapy*, 31, 369-388.
- Tan, E.S.N.** (2002). [Review of the book Welcoming but Not Affirming]. *Journal of Psychology and Theology*, 30 (2), 164-165.
- Tan, E.S.N.** (2002). [Review of the book Portraits of Freedom: 14 People Who Came Out of Homosexuality]. *Journal of Psychology and Theology*, 30 (3), 249-250.
- Rosenau, D.E., & **Tan, E.S.N.** (2002). Single and Sexual: The Church's Neglected Dilemma. *Journal of Psychology and Theology*, 30 (3), 185-194.
- Garzon, F., Garver, S., Kleinschuster, D., **Tan, E.**, & Hill, J. (2001). Freedom in Christ: Quasi-experimental research on the Neil Anderson approach. *Journal of Psychology and*



Convention Presentations

- Tan, E.S.N.**, White, Andrew, Homan, Jesse, Dimeff, Linda (2017) Clinic Recovery from Client Suicide. ISIT DBT. November 16, 2017 in San Diego, CA.
- Yarhouse, M.A., Carr, T.L., & **Tan, E. S. N.** (2013) Teens and Sexuality: A Framework for Understanding and Helping. Paper Presentation at the National Youth Workers Convention. October 4-6, 2013 in San Diego, CA, and November 22-24, 2013 in Nashville, TN.
- Yarhouse, M.A., Carr, T.L., & **Tan, E. S. N.** (2013) Understanding Sexual Identity. Paper Presentation at the National Youth Workers Convention. October 4-6, 2013 in San Diego, CA, and November 22-24, 2013 in Nashville, TN.
- Tan, E.S.N.** (2012) Sexual Identity. Grand rounds at George Fox University, Newberg, OR. November 17, 2012.
- Tan, E.S.N.** (2012) Treating Gender Variant Clients: Christian Integration. George Fox University, Newberg, OR. October 17, 2012.
- Tan, E.S.N.** (2012) Mindfulness and Christian Integration. Colloquium at George Fox University, Newberg, OR. March 7, 2012.
- Tan, E.S.N.** (2010) Another Look at Sex. Chapel address at Norfolk Christian School. Norfolk, VA. February 13, 2010.
- Tan, E. S. N.**, & Yarhouse, M.A. (2009) Facilitating Congruence Between Religious Beliefs and Sexual Identity with Mindfulness. Paper presentation at the American Psychological Association Conference, Toronto, ON, August 8, 2009.
- Hall, D., **Tan, E.S.N.**, & Albertini, K. (2009) Teenage Sexuality and Personal Identity. Paper presentation at the American Association of Christian Counselors World Conference, Nashville, TN, September 18, 2009.
- Yarhouse, M.A., & **Tan, E.S.N.** (2009) *Ex-Gays?* Clinical Applications of an Extended Longitudinal Study of Religiously-Mediated Change in Sexual Orientation. Presentation at the Regent University PsyD Colloquia Series, Regent University, Virginia Beach, VA, September 25, 2009.
- Tan, E.S.N.** (2009) CBT – The 3rd Wave. Presentation for APA approved CE's at Eden Family Institute, Virginia Beach, VA. July 24, 2009.
- Tan, E.S.N.** & Pettitt, C. (2009) Conflicts in Spiritual Values Between Therapists and Clients. Presentation for APA approved CE's at Eden Family Institute, Virginia Beach, VA. May 22, 2009.
- Tan, E.S.N.** (2008) DBT – How it is effective for the therapist? Presented at Virginia Beach Psychiatric Center, Continuing Education. Virginia Beach, VA. November 20, 2008.
- Tan, E.S.N.** (2008) Reducing Self-Harming Behaviors with Dialectical Behavior Therapy. Presented at the Beacon of Hope Conference, Virginia Beach, VA. October 18, 2008.
- Tan, E.S.N.** (2008) Ethical Considerations with Mandated Reporting. Presented for APA approved CE's at Eden Family Institute, Virginia Beach, VA. September 5, 2008.
- Tan, E.S.N.**, Carr, T.L., Maslowe, K.E., & Yarhouse, M.A. (2008) A guide for parents



of youth sorting out sexual identity questions. Presented at the Association of Marriage and Family Ministries National Conference, Phoenix, AZ. August 6, 2008.

Carr, T.L., Maslow, K.E., **Tan, E.S.N.** (2008), & Yarhouse, M.A. What makes church ministries exemplary in their care of sexual minorities? Presented at the Association of Marriage and Family Ministries National Conference, Phoenix, AZ. August 5, 2008.

Tan, E.S.N. (2008) A brief overview of Dialectical Behavior Therapy. Presentation for the Virginia Beach Community Services Board. Virginia Beach, VA. February 5, 2008.

Tan, E.S.N. (2007) Reducing Self-Harming Behaviors with Dialectical Behavior Therapy. Paper presentation at Beacon of Hope, Virginia Beach, VA. October 26, 2007.

Wilson, M.T., **Tan, E.S.N.**, and Hall, D. (2007) Same-sex Attraction: Tools for Helping Strugglers Catch the Bigger Picture. Paper presentation at the American Association for Christian Counselors Conference, Nashville, TN. September 15, 2007.

Yarhouse, M.A., Beckstead, A.L., Throckmorton, W., & **Tan, E.S.N.** (2007) Symposium: Sexual Identity Therapy to Address Religious and Spiritual Conflicts. Paper presentation at the American Psychological Association Conference, San Francisco, CA. August 17-20, 2007.

Tan, E.S.N., & Yarhouse, M.A. (2007) Growing Up Too Fast. Presentation at the Reformed Church of America's Annual Conference, Chicago, IL. July 19-20, 2007.

Tan, E.S.N., & Yarhouse, M.A. (2005) Spiritual/Religious Themes in Attributions Made by Lesbians and Lesbian-Disidentified Women in the Process of Sexual Synthesis. Poster presentation at the American Psychological Association Conference, Washington DC. August 18-21, 2005.

Tan, E.S.N. (2005) Navigating Issues of Sexual Identity Confusion. Presented for APA approved CE's at Eden Family Institute, Virginia Beach, VA. February 18, 2005.

Yarhouse, M.A., & **Tan, E.S.N.** (2003) "Gay Youth"? Navigating Sexual Identity Confusion in Adolescence. Paper presentation at the American Association of Christian Counselors World Conference. Nashville, TN. September 26, 2003.

Borden, C., Kemper, S., & **Tan, E.S.N.** (2002) Let's Talk About Sex. Student Paper presentation at the Christian Association for Psychological Studies Eastern US Conference, Bethesda, MD, November 2, 2002.

Yarhouse, M.A., Pawlowski, L.M., **Tan, E.S.N.** (2002) Adversity and Resilience in Marriage. Paper presentation at the Christian Association for Psychological Studies Eastern US Conference, Bethesda, MD, November 2, 2002.

Yarhouse, M.A., Burkett, L.A., & **Tan, E.S.N.** (2002) Homosexuality: A Comprehensive Christian Appraisal. Pre-conference workshop conducted at the American Association of Christian Counselors Conference, Dallas, Texas, April 25, 2002.

Yarhouse, M.A., **Tan, E.S.N.**, & Pawlowski, L.M. (2002) Sexual Identity Synthesis: A Pilot Study. Poster presented at the annual Christian Association for Psychological Studies International Conference, Arlington Heights, Illinois, April 13, 2002.



Tan, E.S.N. (2001) Who am I? Comparing Erikson's concept of identity with identity in Christ. Poster presented at the annual Christian Association for Psychological Studies Conference, Richmond, VA. April 17, 2001.

DBT Specific Training

5-Day Silent Mindfulness Retreat with Marsha Linehan, PhD, ABPP
2017

4-Day Silent Mindfulness Retreat with Cedar Koons, MSW 2016

5-Day Behavioral Tech Advanced Intensive Training with Marsha
Linehan, PhD, ABPP, & Tony DuBose, PsyD. 2012

Updates to Emotion Regulation and Crisis Survival Skills in DBT with
Marsha Linehan, PhD, ABPP 2010

5 Day Behavioral Tech LLC Foundational Training 2010

