

Angela M. Murray-Gregory, MA, LCSW-R
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Summary:

Management of a research assessment team, created policies, procedures and developed assessment protocols for clinical trials, which included grant applications and grant management and research publications.

Supervised undergraduate, graduate and Ph.D. students in the psychology and social work departments at the University of Washington, SUNY Albany and St. Rose College. Therapist for an adult partial hospitalization program.

Psychologist II for adjudicated adolescent boys.

Dialectical Behavior Therapist and Skills Trainer (DBT) (Worked under Marsha Linehan developer of DBT)

Cognitive Behavior Therapist (CBT)

Twelve years of experience working in all aspects of randomized clinical treatment outcome studies for evidence based treatment for mental health, specifically Axis II disorders and addiction, suicide and eating disorders.

Extensive experience working with multi-disordered, multi-cultural and underprivileged individuals.

Consulted and collaborated with other clinicians and clinical researchers throughout the US and Europe.

Education:

University of Washington

Master of Social Work 2001

Concentration: Children, Youth and Family

Russell Sage Graduate School

Master of Arts 1994

Major: Community Psychology

Concentration: Drug and Alcohol Counseling/Certificate

State University of New York College at Fredonia

Bachelor of Science in Special Studies 1988

Major: Health Care Administration and Planning

Minor: Gerontology and Mental Health

DBT Intensive Training Fall 1996/Spring 1997

DBT Intensive Training for NYS OCFS Facilities 2008

DBT Advanced Intensive Training May 2013

Practicum Experience:

Social Work Graduate Practicum- April 2000- May 2001

Behavioral Research and Therapy Clinics at the University of Washington

Dialectical Behavior Therapist (DBT) for individual and group therapy

Participated in weekly team consultation and training of DBT

Participated in training of treatment for Panic Disorder (CBT-Exposure Therapy)

Social Work Graduate Practicum July 1998- June 1999

Echo Glen Children's Facility (Adjudicated Youth)

Participated in case management/treatment planning and behavioral management for youth offenders at high risk of substance dependence and mental health issues, DBT skills therapist.

Graduate Internship Program May 1993- December 1993

Whitney M. Young Family Alcohol Treatment Center (FACTS), Albany, NY

New York State Drug and Alcoholism Counselor in Training

Screening, intake, assessment and orientation to program along with individual/family therapy.

Group therapy: Relapse Prevention, drug and alcohol education and process groups.

Participated in weekly team meetings, case management, treatment planning

Undergraduate Internship Program 1987

Brooks Memorial Hospital, Dunkirk, NY

Health Care Administrator Intern

Grant Proposal-Needs Assessment

Work Experience:

Four Winds Hospital June 2009-Current

Saratoga Springs, NY

Therapist for the Partial Hospitalization Program

Individual therapy using evidence based treatment for adults.

Curriculum development and staff training for the treatment modality using Dialectical Behavioral Therapy (DBT) in groups along with evidence based practices implementing Cognitive Behavioral Therapy (CBT), Motivational Interviewing (MI) and validation treatment in groups and in individual sessions.

Clinical supervisor for staff therapists

Clinical supervision of SUNY Albany and St. Rose students in the graduate counseling/social work program.

NYS Office of Children and Family Services November 2007-June 2009

Tryon Boys Residential, Johnstown, NY

Psychologist II

Individual and group therapist for adolescent boys who are adjudicated.

Supervised the implementation of the DBT project which included curriculum development of evidence based practice. Training of clinical and non-clinical staff in program implementation and compliance. IEP psychologist. Sanctuary Steering Committee and Trainer.

Behavioral Research and Therapy Clinics May 1995-November 2007

University of Washington, Seattle, WA

Supervisor: Marsha Linehan, PhD

Lead Mental Health Practitioner/Clinical Evaluator/DBT Therapist

Trained Dialectical Behavioral Therapist- (Individual and DBT skills for suicidal and drug addicted clients (DBT and DBT-S for substance abuse)

Trained Cognitive Behavioral Therapist.

Conducted Structured and Unstructured Mental Health Clinical Interviews for over 1000 Borderline Personality Disorder Study Participants who had co-morbid Axis I disorders

Recruited Subjects for National Treatment Outcome Studies (Suicide, Addiction and Eating Disorders) by working with mental health facilities, hospitals, community based organizations, substance abuse facilities as well as local colleges.

Evaluated, assessed and administered psychometric instruments using data analysis and research methodology.

Evaluated, developed and wrote grant proposals.

Budgeting for multimillion dollar federally funded grants.

Designed and evaluated assessment, treatment and educational protocol for treatment study participants.

Evaluated, hired and trained and supervised other clinical staff.

Supervised undergraduate and graduate students in the psychology and social work departments at the University of Washington.

Consulted with participating facilities for referral, training, research and program development and helped in dissemination of research results.

Administered, Interpreted and Trained the following psychometric instruments

Structured Clinical Interview for DSM IV (Axis I and II disorders) (SCID I and II), (paper and computer administration), Personality Disorders Exam for ICD (PDE), Hamilton-D (Ham-D), Addiction Severity Index (ASI), Para suicide History Interview (PHI), Lifetime Para suicide Count (LPC), Social History Interview (SHI), Treatment History Interview (THI), Substance Abuse History Interview (SAHI), Situational Competency Test (SCT), Ruff Figural Fluency Test, Verbal Fluency Test, Stroop Test, Peabody Picture Vocabulary Test (PPVT). Other instruments used: MMPI, MEPPS, BDI, WISC II

Program Coordinator, Certified HIV Counselor 1990-1994

Albany Medical Center, Albany, NY

HIV counselor, tester, case management and counseling to individuals and families including mental health and substance abuse treatment. Coordination of educational programs needs assessment, evaluations, conference sites, and continuing education credits.

Foster Parent Recruiter, Training Coordinator, Case Manger 1988-1990

Community Maternity Services, Albany New York

Recruitment and training of foster families for infants, children, pregnant adolescents and special need infants. Case management/ Permanency Planning (custody, placement) of

foster children who carried a wide range of disabilities. Participated in weekly team meetings and treatment planning (IEP) for foster children.

References are available upon request:

Publications:

Reynolds, S.K., Lindenboim, N., Comtois, K.A., Murray, A., Linehan, M.M. (2006). Risky Assessments: Participants Suicidality and Distress Associated with Research Assessments in a Treatment Study of Suicidal Behavior. *Suicide and Life-Threatening Behavior*, 36(1), 19-33.

Linehan, M.M., Comtois, K.A., Murray, A.M., Brown, M.Z., Gallop, R.J., Heard, H.L., Korslund, K.E., Tutek, D.A., Reynolds, S. K., Lindenboim, N. (2006). Two-Year Randomized Trial + Follow-up of Dialectical Behavior Therapy vs. Therapy by Experts for Suicidal Behaviors and Borderline Personality Disorders. *Archives of General Psychiatry*, 63(7) :757-766.

Hersen, M., Thomas, J.C., (2007) Chapter in- *Handbook of Clinical Interviewing with Adults*: Sage Publications.

Harned, M. S., Chapman, A. L., Dexter-Mazza, E. T., Murray, A., Comtois, K. A., & Linehan, M. M. (2008). Treating co-occurring Axis I disorders in chronically suicidal women with borderline personality disorder: A 2-year randomized trial of Dialectical Behavior Therapy versus Community Treatment by Experts. *Journal of Consulting and Clinical Psychology*, 76(6), 1068-1075.

Brown, M.Z., Linehan, M.M., Comtois, K.A., Murray, A., Chapman, A.L. (2009). Shame as a prospective predictor of self-inflicted injury in borderline personality disorder: A multi-model analysis. *Behavior Research and Therapy*, 47 (1), 815-822.

Marsha M. Linehan, PhD; Kathryn E. Korslund, PhD; Melanie S. Harned, PhD; Robert J. Gallop, PhD; Anita Lungu, PhD; Andrada D. Neacsiu, PhD; Joshua McDavid, MD; Katherine Anne Comtois, PhD; Angela M. Murray-Gregory, MSW. Dialectical Behavior Therapy for High Suicide Risk in Individuals With Borderline Personality Disorder: A Randomized Clinical Trial and Component Analysis. *JAMA Psychiatry*. 2015; 72(5):475-482.