

**Raquel Friedman, PsyD**

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## Education

<b>Pre Doctoral Intern</b>	2018
<i>W. G. (Bill) Hefner VA Medical Center, Salisbury, NC</i>	
<b>Psy.D. In Clinical Psychology, PGSP-Stanford Psy.D. Consortium,</b>	2018
<b>Palo Alto University, Palo Alto, CA</b>	
<i>Dissertation: "DBT Skills Groups with Families and Caregivers: a Critical Literature Review"</i>	
<b>M.S. in Clinical Psychology, PGSP-Stanford Psy.D. Consortium,</b>	2013
<b>Palo Alto University, Palo Alto, CA</b>	
<b>B.S. in Psychology, University of California, San Diego, La Jolla,</b>	2008
<i>CA</i>	

## Selected Professional Experience

<b>Clinical Psychology Resident, Portland Dialectical Behavior Therapy</b>	2018-Current
<i>Institute, Portland OR</i>	
<b>Predoctoral Intern, W. G. (Bill) Hefner VA Medical Center, Salisbury,</b>	2017-2018
<i>NC</i>	
<b>Research Associate, Virtual Reality Clinic, Stanford University School of</b>	2016-2017
<i>Medicine, Stanford, CA</i>	
<b>Practicum Student Therapist, Neurobehavioral Clinic, Stanford University</b>	2015-2017
<i>School of Medicine, Stanford, CA</i>	
<b>Practicum Student Therapist, Acute Inpatient Unit, VA Palo Alto HCS,</b>	2015-2016
<i>Palo Alto, CA</i>	
<b>Practicum Student Clinician, Eating Disorders Clinic, Stanford University</b>	2012-2013
<i>School of Medicine, Stanford, CA</i>	
<b>Research Coordinator, Eating Disorders Clinic, Stanford University School of</b>	2012-2013
<i>Medicine, Stanford, CA</i>	
<b>Practicum Student Therapist, The Gronowski Center, Los Altos, CA</b>	2011-2012
<b>Research Associate, University of California, San Diego Department of</b>	2008=2010
<i>Psychiatry, La Jolla, CA</i>	

## Publications

- Rutledge, T., Adler, S., & **Friedman, R.** (2011). A prospective assessment of psychosocial factors among bariatric versus non-bariatric surgery candidates. *Obesity Surgery*, 21(10), 1570-1579.
- Szumliniski, K., Diab, M., **Friedman, R.**, Henze, L., Lominac, K., & Bowers, M. (2007). Accumbens neurochemical adaptations produced by binge-like alcohol consumption. *Psychopharmacology*, 190(4), 415-431.

## Convention Presentations

- Bullock, K., Won-Stevenson, A., Bailenson, J., & **Friedman, R.** (2017, September). *Virtual Reality Delivered Mirror Visual Feedback for Functional Neurological Disorder*. Poster presented at the 3<sup>rd</sup> International Conference on Functional (Psychogenic)



Neurological Disorders, Edinburgh, Scotland, UK.

Bullock, K., Won-Stevenson, A., Bailenson, J., & **Friedman, R.** (2017, June). Virtual Reality Delivered Mirror Visual Feedback for Psychosomatic Symptoms Using Limb Swapping. Poster presented at the 22nd CyberPsychology, CyberTherapy and Social Networking Conference (CYPSY22) at University of Wolverhampton, Wolverhampton, UK.

Sharp, S., Adler, S., **Friedman, R.**, Stevens, H., & Rutledge, T. (2012, April). *Emotional overeating and binge eating in a veteran population seeking weight-loss treatment*. Poster presented at the 33<sup>rd</sup> Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

Tate, S.R., Granholm, E., **Friedman, R. S.**, Link, P., Shriver, C. L., & Brown, S. A. (2009, June). *Neuropsychological functioning and outcome of integrated treatment for depression and substance use disorders*. Poster presented at the 32<sup>nd</sup> Annual Convention of the Research Society on Alcoholism, San Diego, CA.

### **DBT Specific Training**

DBT Strategic Planning Meeting	2015
1-day Intensive DBT Workshop	2015
10-week graduate course on DBT	2013

### **Other Specialized Training**

Prolonged Exposure	2018
Cognitive Processing Therapy	2017
Compassion-Focused Therapy	2016
Family-Based Treatment of Eating Disorders in Adolescents	2016
<i>Reflections</i> Body Image Group Facilitation	2012
Cognitive Behavioral Therapy for Eating Disorders	2012

