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**Portland, Oregon based dialectical behavior therapy suicide treatment program pairs with community partners to improve access to services.**

**Portland, Oregon** – The Portland DBT Institute (PDBTI) is one of the oldest and largest independent providers in the world of Dialectical Behavior Therapy (DBT), an evidence based therapy for individuals experiencing suicidal urges and behavior. We are excited to announce a collaboration with Multnomah County’s Rockwood Health Center, in order to provide full fidelity DBT services and specialty mental health services to the residents of East County. We will be providing DBT skills groups at the Rockwood Health Center as a way to lessen transportation burdens between our clinic and individual in the East County area, and are looking forwarding to partnering with this population.

Resources for additional information:

Overview of DBT: <https://behavioraltech.org/resources/faqs/dialectical-behavior-therapy-dbt/>

Portland DBT Institute Home Page: <https://www.pdbti.org>

Press releases and hiresolution photos for Portland DBT Institute:  
<https://www.pdbti.org/press/>

Rockwood Clinic: <https://multco.us/service-locations/rockwood-community-health-center>