

Charlotte W. Thomas, MSSA, LCSW
 5200 SW Macadam, Suite 580
 Portland, OR 97239
 www.pdbti.org
 (503) 290-3297
 cthomas@pdbti.org

Certification/Licensure

Oregon LCSW licensure (#L5789), renewal 3/31/2017
California LCSW licensure (#LCS 27598), renewal 3/31/2015;
Ohio LISW licensure (#: I.0900273), renewal 9/22/2011

Education

ABD In Behavioral Neuropharmacology, University College Dublin, Department of Pharmacology, Dublin, Ireland	<i>Dissertation:</i>	2001-2005
M.S. in Social Administration, Case Western Reserve University, Cleveland, OH		2007
B.A. in Psychology, Davidson College, Davidson, NC		1999

Professional Experience

Licensed Clinical Social Worker, Portland DBT Institute, Portland OR		2013-Current
Manager, Path to Mindful Eating program and Eating Disorder Intensive Outpatient Program, Portland DBT Institute, Portland OR		
Trainer, Portland DBT Institute, Portland OR		
Licensed Clinical Social Worker, California Center for Healthy Living, Encino, CA		2012-2013
Licensed Clinical Social Worker, Private Practice, Encino, CA; Studio City, CA		2011-2013
Senior Clinician, Cleveland Center for Eating Disorders, Beachwood, OH		2007-2001
Emergency Department Social Worker, University Hospitals Health System, Cleveland, OH		2007-2008
Outpatient Dialysis Social Worker, University Hospitals Health System, Cleveland, OH		2007
Intern, MetroHealth Medical Center, Cleveland, OH		2006-2007
Intern, Cuyaboga County Department of Justice Affairs, Division of Treatment Services, Cleveland, OH		2005-2006
Volunteer Crisis Counselor, Dublin Rape Crisis Centre, Dublin, Ireland		2002-2005
Intern, Broughton State Mental Hospital, Broughton-Davidson Program, Morganton, NC		1997
Student Page, U.S. House of Representatives, Washington, DC		1994

Public Presentations/Trainings Provided

“DBT for Complex Eating Disorders”: a 1 hour CEU presentation hosted by CREDN (Columbia River Eating Disorder Network) at Lewis and Clark College educational event 2/2017

“DBT for Complex Eating Disorders”: a 2-day CEU training offered by PDBTI; 5/2016, 9/2015, 2/2014, next scheduled 5/2017.

“DBT in a Nutshell”: a 2-day CEU training offered by PDBTI; 9/16-17/2016



“DBT for Complex Eating Disorders”: a 1 hour CEU presentation hosted by CREDN (Columbia River Eating Disorder Network) at “Lucky Lab” educational event 1/2016

“DBT for Complex Eating Disorders: The First 7 Sessions”; 90 minute presentation to LACPA (Los Angeles County Psychologists Association) ED sig 11/1/2016

“Dialectical Behavior Therapy for Eating Disorders”: a 2-day training provided to Child and Family Guidance Center of Los Angeles, 11/2-3/2016

“Dialectical Behavior Therapy for Complex Eating Disorders: the First Sessions”: Scheduled speaker at CREDN annual 1-day training event, 2/25/2017. Conference title: *Looking at Temperament: Evidence Based Treatments for Disorders of Over and Under Control*

Selected Training Attendance

3/17-21/2014: DBT 5-day Comprehensive Implementation and Training Initiative; provided by PDBTI, Linda Dimeff, PhD and Jesse Homan LPC

9/30/2016: Changes in Brain Activity Among Those with Eating Disorders while in Residential Care; provided by CREDN and IADEP, Ed Hamlin MD

12/9/2016: Working Well with the Suicidal Patient; provided by PDBTI, Jesse Homan LPC

Selected Meeting Attendance

4/2016 ICED, San Francisco, multi-day

2/27/2016 CREDN, Portland, one-day: *Gender, Body and Sport in Eating Disorders: Diverse Perspectives on Treatment from the Edge*

