

Family and Friends Workshop

Saturday, May 16th, 2015 10:00AM - 1:00PM

Information:

The Friends and Family Workshop is recommended as a starting point for family members and friends in our clients' (or potential clients') lives. It offers fabulous information on Borderline Personality Disorder, Dialectical Behavior Therapy, and Portland DBT Institute services including how significant others can be involved in their partner's, children's, sibling's, parent's, etc. treatment.

Goals of the Workshop:

1. *Explain the biosocial model of development and maintenance of clients' problems*
2. *Teach some of the basic DBT ideas and skills that clients are learning in the program*
3. *Explore ways to provide an environment for clients that balances validation (where the focus is on acceptance) and problem-solving (where the focus is on change)*
4. *Facilitate mutual support and problem-solving between group members as clients advance through the program*

Advanced registration is strongly recommended as space is limited. Workshop fee:

\$100.00 - One participant

\$175.00 - Two participants

This workshop is not billable to insurance. We accept cash, check, money order, or credit card.

Registration form and payment can be submitted on-site to the receptionist, faxed at (503) 231-8153 (Attn: F/F Workshop Registration) or mailed to:

Portland DBT Institute, Inc

5200 SW Macadam Avenue, Suite 580, Portland, OR 97239

Attn: F/F Workshop Registration

Name(s): _____

Phone: _____ Address: _____

Email: _____

Credit Card #: _____ Exp Date: _____