

Raquel Friedman, PsyD

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Education

Pre Doctoral Intern	2018
<i>W. G. (Bill) Hefner VA Medical Center, Salisbury, NC</i>	
Psy.D. In Clinical Psychology, PGSP-Stanford Psy.D. Consortium,	2018
Palo Alto University, Palo Alto, CA	
<i>Dissertation: "DBT Skills Groups with Families and Caregivers: a Critical Literature Review"</i>	
M.S. in Clinical Psychology, PGSP-Stanford Psy.D. Consortium,	2013
Palo Alto University, Palo Alto, CA	
B.S. in Psychology, University of California, San Diego, La Jolla,	2008
CA	

Selected Professional Experience

Therapist, <i>Portland Dialectical Behavior Therapy Institute, Portland OR</i>	2019-Current
Clinical Psychology Resident, <i>Portland Dialectical Behavior Therapy Institute, Portland OR</i>	2018-2019
Predoctoral Intern, <i>W. G. (Bill) Hefner VA Medical Center, Salisbury, NC</i>	2017-2018
Research Associate, <i>Virtual Reality Clinic, Stanford University School of Medicine, Stanford, CA</i>	2016-2017
Practicum Student Therapist, <i>Neurobehavioral Clinic, Stanford University School of Medicine, Stanford, CA</i>	2015-2017
Practicum Student Therapist, <i>Acute Inpatient Unit, VA Palo Alto HCS, Palo Alto, CA</i>	2015-2016
Practicum Student Clinician, <i>Eating Disorders Clinic, Stanford University School of Medicine, Stanford, CA</i>	2012-2013
Research Coordinator, <i>Eating Disorders Clinic, Stanford University School of Medicine, Stanford, CA</i>	2012-2013
Practicum Student Therapist, <i>The Gronowski Center, Los Altos, CA</i>	2011-2012

Publications

- Bullock, K., Won, A. S., Bailenson, J., & Friedman, R. (2020). Virtual Reality-Delivered Mirror Visual Feedback and Exposure Therapy for FND: A Midpoint Report of a Randomized Controlled Feasibility Study. *The Journal of Neuropsychiatry and Clinical Neurosciences*, 32(1), 90-94.
- Rutledge, T., Adler, S., & Friedman, R. (2011). A prospective assessment of psychosocial factors among bariatric versus non-bariatric surgery candidates. *Obesity Surgery*, 21(10), 1570-1579.
- Szumliniski, K., Diab, M., Friedman, R., Henze, L., Lominac, K., & Bowers, M. (2007). Accumbens neurochemical adaptations produced by binge-like alcohol consumption. *Psychopharmacology*, 190(4), 415-431.



Convention Presentations

- Bullock, K., Won-Stevenson, A., Bailenson, J., & **Friedman, R.** (2017, September). *Virtual Reality Delivered Mirror Visual Feedback for Functional Neurological Disorder*. Poster presented at the 3rd International Conference on Functional (Psychogenic) Neurological Disorders, Edinburgh, Scotland, UK.
- Bullock, K., Won-Stevenson, A., Bailenson, J., & **Friedman, R.** (2017, June). Virtual Reality Delivered Mirror Visual Feedback for Psychosomatic Symptoms Using Limb Swapping. Poster presented at the 22nd CyberPsychology, CyberTherapy and Social Networking Conference (CYPSY22) at University of Wolverhampton, Wolverhampton, UK.
- Sharp, S., Adler, S., **Friedman, R.**, Stevens, H., & Rutledge, T. (2012, April). *Emotional overeating and binge eating in a veteran population seeking weight-loss treatment*. Poster presented at the 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Tate, S.R., Granholm, E., **Friedman, R. S.**, Link, P., Shriver, C. L., & Brown, S. A. (2009, June). *Neuropsychological functioning and outcome of integrated treatment for depression and substance use disorders*. Poster presented at the 32nd Annual Convention of the Research Society on Alcoholism, San Diego, CA.

DBT Specific Training

DBT CITI Part I: 5-day Intensive	2019
DBT Strategic Planning Meeting	2015
1-day Intensive DBT Workshop	2015
10-week graduate course on DBT	2013

Other Specialized Training

Avoidant Restrictive Food Intake Disorder (1-day)	2020
Prolonged Exposure	2018
Cognitive Processing Therapy	2017
Compassion-Focused Therapy	2016
Family-Based Treatment of Eating Disorders in Adolescents	2016
<i>Reflections</i> Body Image Group Facilitation	2012
Cognitive Behavioral Therapy for Eating Disorders	2012

