

Trevor Cole, PhD
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Certification/Licensure

PhD – Licensed Psychologist (OR)

Education

PhD in Clinical Psychology, Idaho State University, Pocatello, ID 2016
Dissertation: "Using Skills Training in Affective and Interpersonal Regulation in a Group Format with Incarcerated Female Interpersonal Trauma Survivors: A Pilot Study"

M.S. in Clinical Psychology, Eastern Washington University, Cheney, WA 2011
Thesis: "The Effect of a Brief Self-Compassion Intervention on a Self-Criticism, Well-Being and Psychopathology Correlates"

B.A. in Psychology, Gonzaga University, Spokane, WA 2008
Honor's Program Thesis: "Taming the Beast of Depression: a Survey of the History, Diagnosis, and Treatment of Unipolar Depression"

Selected Professional Experience

Licensed Psychologist, Portland DBT Institute, Portland, OR 2016-Present

Postdoctoral Resident, Portland DBT Institute, Portland, OR 2016-2017

Predoctoral Psychology Intern, Michael E. DeBakey VA Medical Center, Houston, TX 2015-2016

Practicum Student, Idaho State University Counseling and Testing Center, Pocatello, ID 2014-2015

Psychology Extern, Portneuf Medical Center, Pocatello, ID 2013-2015

Practicum Student, State Hospital South, Blackfoot, ID 2013

Practicum Student, Idaho State University Psychology Clinic, Pocatello, ID 2012-2015

Case Manager, Community Psychiatric Clinic, Seattle, WA 2011-2012

Practicum Student, Eastern Washington University Counseling and Psychological Services 2010-2011

Publications

DeCou, C.R., **Cole, T.T.**, Lynch, S.M., Wong, M.M., & Matthews, K.C. (2016). Assault-related shame mediates the association between negative social reactions to disclosure of sexual assault and psychological distress. *Psychological Trauma*.

DeCou, C.R., Lynch, S.M., & **Cole, T.T.** (2016). Physical and sexual victimization predicts suicidality among women in prison: Understanding ethnic and trauma-specific domains of risk. *Current Psychology*. DOI: 10.1007/s12144-016-9465-8

DeCou, C.R., Lynch, S.M., **Cole, T.T.**, & Kaplan, S.P. (2016). Dissociation mediates the association between intimate partner violence and posttraumatic stress among treatment-seeking incarcerated women. *Journal of Trauma and Dissociation*. DOI: 10.1080/15299732.2016.1141148

Priester, M.A., **Cole, T.**, Lynch, S.M., & DeHart, D.D. (2016). Consequences and sequelae of violence and victimization. In Carlos Cuevas and Callie Rennison (Eds.) *Wiley-Blackwell Handbook on the Psychology of Violence*.



- DeCou, C. R., **Cole, T. T.**, Rowland, S. E., Hill, S. P., & Lynch, S. M. (2015). An ecological process model of female sex offending: The role of victimization, psychological distress, and life stressors. *Sexual Abuse: A Journal of Research and Treatment*, 27(3), 302-323.
- DeCou, C.R., Lynch, S.M., **Cole, T.T.**, & Kaplan, S.R. (2015). Coping self-efficacy moderates the association between severity of partner violence and PTSD symptoms among incarcerated women. *Journal of Traumatic Stress*, 28, 1-4.

Conference Presentations

- Cole, T.**, Kaplan, S., DeCou, C.R., & Lynch, S.M. (2016, August). Using STAIR in a Group Format with Incarcerated Women: A Pilot Study. Poster presented at the annual American Psychological Association convention, Denver, Colorado.
- Craun, E., Kaplan, S., **Cole, T.**, DeCou, C., & Lynch, S. (2016, April). *Treatment of Posttraumatic Stress Disorder with Incarcerated Women*. Talk presented at the Idaho Psychological Association Annual Convention, Ketchum, Idaho.
- DeCou, C.R., **Cole, T.**, & Lynch, S.M. (2014, August). *On the association between trauma exposure and suicide risk among incarcerated women*. Poster presented at the 15th European Symposium on Suicide and Suicidal Behavior, Tallinn, Estonia.
- Cole, T.**, Peterson, J., & Nysten, K. (2013, March). *Rates of major depression and treatment utilization among rural pregnant women*. Poster presented at the 2013 Association of Women in Psychology Conference, Salt Lake City, UT.
- Cole, T.**, Thomas, L., Roberts, A., St. Clair, A., & Kolts, R.L. (2012, April). *Effects of a Self-Compassion Intervention in University Students*. Poster presented at the 2012 Convention of the Western Psychological Association, San Francisco, CA.
- Wong, M. M., Brower, K. J., Conroy, D.A., Lynch, S.M., **Cole, T.**, Colman, D., Craun, E., Curran, M., Decou, C., Dyson, R., Neal, J., Robertson, G. & Williams, C. (2015). Sleep quality and difficulties in children of alcoholics and controls. Poster presented at the Annual Research Society of Alcoholism Meeting, San Antonio, Texas.

DBT Specific Training

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| Dialectical Behavior Therapy full-day workshop with Marsha Linehan, PhD, ABPP | 2012 |
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Other Specialized Training

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| Chronic Pain (Catriona Bust, PhD and James Carson, PhD), 3hr workshop | 2020 |
| Treating Obsessive-Compulsive Disorder, Anxiety, and Emotion Regulation with ACT, ERP, and ERT , 12hr online training | 2019 |
| Sexual Minority and Gender Identity Competence , full-day workshop | 2012 |
| Acceptance and Commitment Therapy (ACT) , full-day workshop | 2012 |
| Dialectical Behavior Therapy and Mindfulness , full-day workshop | 2012 |
| Assessment and Treatment of Nicotine Dependence in Mentally-Ill Populations , 2-day workshop | 2011 |
| Mindfulness-Based Relapse Prevention , full-day workshop | 2011 |

