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#### Certification/Licensure

**PhD** – Licensed Clinical Psychologist (OR#2828)

#### Education

**PhD in Clinical Psychology, *Duke University, Durham, NC*** 2015  
*Dissertation (defended 4/22/2014): Expanding mental health services delivery for depression in the community from Burma in North Carolina: A Paraprofessional Training Program*

**M.A. in Clinical Psychology, *Duke University, Durham, NC*** 2012  
*Thesis: Dissemination of Psychological Treatments for Depression in Non-Traditional Settings*

**B.A. in Psychology, *University of Albany, State University of New York, Albany, NY*** 2007

**Non-Degree – International Relations, Social Change and Development, *Johns Hopkins University – School of Advanced International Studies, Washington, D.C.*** 1986

**B.A. in Foreign Service, Comparative/Regional Studies & Economic Development, *Georgetown University – School of Foreign Service, Washington, D.C.*** 1982

#### Selected Professional Experience

**Licensed Clinical Psychologist – DBT PTSD/SUD Team,** 2020-Present  
*Portland DBT Institute, Portland, OR*

**Licensed Clinical Psychologist and Supervisor,** 2017-Present  
*Portland DBT Institute, Portland, OR*

**Licensed Clinical Psychology Manager – DBT PTSD Program,** 2015-2020  
*Portland DBT Institute, Portland, OR*

**Psychologist Resident,** 2015-2017  
*Portland DBT Institute, Portland, OR*

**Psychology Intern – Post-Traumatic Stress Disorder Clinic, Acute Mental Health Inpatient Unit, Health Psychology, and Substance Use Disorders Clinic,** 2014-2015  
*Durham VA Medical Center, Durham, NC*

**Clinical Trainee – Duke Fertility Clinic,** 2013-2014  
*Duke University Medical Center, Durham, NC*

**Study Therapist – Coping Skills Training for ICU Patients and their Informal Caregivers,** 2013-2014  
*Department of Medicine – Pulmonology, Duke University Medical Center, Durham, NC*

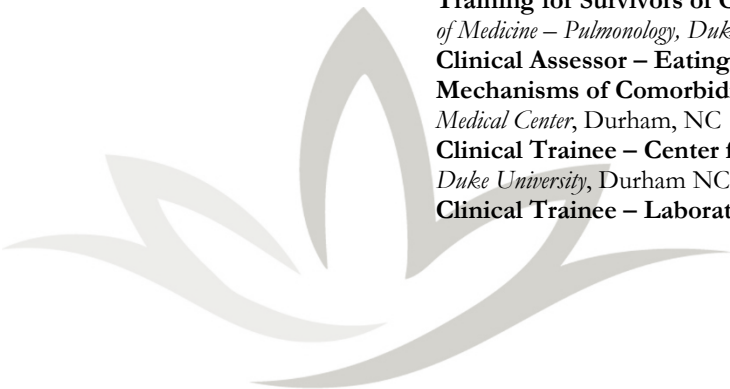
**Clinical Trainee – Duke Eating Disorders Program,** 2012-2013  
*Duke University Medical Center, Durham, NC*

**Study Therapist – Evaluation of Telephone-Based Mindfulness Training for Survivors of Critical Illness and their Caregivers,** 2012-2013  
*Department of Medicine – Pulmonology, Duke University Medical Center, Durham, NC*

**Clinical Assessor – Eating Disorders and Type I Diabetes: Mechanisms of Comorbidity,** 2012-2013  
*Duke Eating Disorders Clinic, Duke University Medical Center, Durham, NC*

**Clinical Trainee – Center for AIDS Research,** 2012-2013  
*Duke University, Durham NC*

**Clinical Trainee – Laboratory of Neurogenetics,** 2011  
*Duke University,*



Durham, NC  
**Family Support and Benefits Counselor**, *American Red Cross in Greater New York*, New York, NY 2011  
**Clinical Trainee – Duke Attention-Deficit/Hyperactivity Disorder (ADHD) Program**, *Duke University Medical Center*, Durham NC  
**Clinical Trainee – Duke Cognitive Behavior Therapy and Dialectical Behavior Therapy (DBT) Clinic**, *Duke Cognitive-Behavioral Research and Treatment Program, Duke University Medical Center*, Durham, NC 2010  
**Clinical Trainee – Duke Psychology Clinic**, *Department of Psychology and Neuroscience, Duke University*, Durham, NC 2009-2010  
**Clinical Assessor – UPBEAT Study**, *Department of Psychiatry and Behavioral Science, Duke University*, Durham, NC 2008-2010  
**Clinical Trainee**, *Vermont Veterans Home*, Bennington, VT 2008  
**Clinical Trainee**, *Vermont State Office of Vocational Rehabilitation, Department of Aging and Disability*, Bennington, VT 2006-2007  
2006-2007

### Honors/Awards

**Summa Cum Laude**, University at Albany, State University of New York 2007  
**Presidential Honors**, University at Albany, State University of New York 2007  
**Member of Psi Chi**, University at Albany, State University of New York 2007

### Fellowships and Grants

National Psychologist Trainee Register Credentialing Scholarship 2014  
Duke Global Health Institute Doctoral Dissertation Grant - \$12,500 2011-2012  
Fulbright Fellowship – Alternate 2011  
Title VI Foreign Language Area Studies Fellowship, Duke University – Center for International Studies, Thailand - \$5,000 2010  
Johns Hopkins University, GPOP Fellowship - \$24,000 1985-1986  
Johns Hopkins University Fund Fellowship - \$26,000 1985-1986

### Publications

Cox, CE, Porter, LS, **Buck, PJ**, Hoffa, M, Jones, D, Walton, B, Hough, CL, Greenson, JM (2013). Development and preliminary evaluation of a telephone-based mindfulness training intervention for survivors of critical illness. *Annals of the American Thoracic Society*, 11(2), 173-81.

### Research Experience

Psychology Internship Research, Mentor: Jason Nieuwsma, PhD, Chaplaincy and Mental Health Initiative, Durham VA, Mid-Atlantic MIRECC (VISN 6): 8/2014-6/2015.  
Research Assistant to Ruth Q. Wolever, Ph.D., Duke Executive Health, Duke Integrative Medicine. Perform literature search, data summary, survey of assessment measures to modify algorithm for psychosocial risk factors and updating template reports for application in clinical encounters. 1-6/2014.  
“Expanding mental health services delivery for depression in the community from Burma in North Carolina: A Paraprofessional Training Program.” Advisor: Clive J. Robins, Ph.D., Duke University. 2012-2014.  
“The expansion of Thai mental health services delivery,” Chiang Mai, Thailand. Advisor: Clive J. Robins, Ph.D., Duke University. 2011-2012.  
Research Assistant to Joanna Maselko, SC.D., Duke Global Health Institute, “Association of frequency of religious activities, self-rated physical and



mental health,” and “Negative religious coping and mental health effects of bus accident injuries in Karnataka, India” 2010- 2011.

“The integration of Buddhist monks into the Thai mental health care system,” Chiang Mai, Thailand. Advisors: Clive J. Robins, Ph.D. and Owen Flanagan, Ph.D., Duke University, 2009.

Research Assistant to James A. Blumenthal, Ph.D., Duke University, Department of Psychiatry and Behavioral Sciences, 2007-2008.

Research Assistant to Sharon Danoff-Burg, Ph.D., SUNY Albany. Health Psychology Lab 2006-2007.

Research Assistant to James H. Neely, Ph. D., SUNY Albany. Memory, Attention & Priming Lab, 2005-2006.

Directed Study - Obesity Research with Drew Anderson, Ph.D., SUNY Albany.  
Literature reviews: 1) physiological causes of obesity: genetic and endocrine mechanisms, and 2) environmental causes of obesity, Spring 2006.

Directed Study - Behavior Genetics, Anorexia Nervosa Research with Bruce Dudek, Ph.D., SUNY Albany, Literature review of the genetics of anorexia nervosa based on recent twin studies, Spring 2005.

### Teaching Experience at Duke University

**Graduate Student Instructor**, PSY-105, Abnormal Psychology, Fall 2012.

**Graduate Student Instructor**, PSY-105, Abnormal Psychology, Fall 2010.

**Graduate Student Instructor**, PSY-183B, Research Methods in Child Observation, Spring 2010.

**Graduate Student Instructor**, PSY-105, Abnormal Psychology, Fall of 2009.

**Graduate Student Instructor**, PSY-105, Abnormal Psychology, Spring of 2009.

**Graduate Student Instructor**, PSY-105, Abnormal Psychology, Fall of 2008.

**Graduate Student Instructor**, PSY-185C, Research Methods in Health and Clinical Psychology, Spring of 2008.

### Guest Lecturer

**Guest Lecturer**, May 28, 2015, “Common Ground: Cognitive-Behavioral Therapy and Buddhism,” Psychology of Mindfulness Meditation: Theory, Research and Practice (Undergraduate Course) Duke University.

**Conference Speaker**, Aug. 29, 2011, “Mindfulness, psychological health and psychotherapy: A review of the evidence,” Conference on Cognitive-Behavioral Therapy. Chiang Mai University – School of Medicine, Chiang Mai, Thailand..

**Guest Lecturer**, Feb. 28, 2011, “Mental health among Burmese refugees in Thailand”, Global Mental Health (Undergraduate/Graduate Course), Duke Global Health Institute, Duke University.

**Guest Lecturer**, Sept. 14, 2010, “Expanding mental health Service Delivery in Thailand by Training Buddhist monks”, Global Health Challenges (Graduate Course), Duke Global Health Institute, Duke University.

**Guest Lecturer**, Nov. 17, 2009, “Etiology of Schizophrenia”, Abnormal Psychology (Undergraduate Course), Duke University.

**Guest Lecturer**, Mar 4, 2008, “Written Emotional Disclosure and Health”, Research Methods in Health & Clinical Psychology, (undergraduate), Duke University

### DBT Specific Training

Dialectical Behavior Therapy (DBT) Trainer/Supervisor, Clive J. Robins, PhD, Duke Cognitive-Behavioral Research and Treatment Program, Duke University Medical Center, Durham, NC

2009-2010



## Other Specialized Training

Cognitive Processing Therapy (CPT) Training, Presented by Carolina P. Clancy, Ph.D., Durham VA Medical Center, Durham, NC	2014
Prolonged Exposure (PE) Therapy, Presented by Eric F. Crawford, Ph.D. Durham VA Medical Center, Durham, NC	2014
Acceptance and Commitment (ACT) Therapy, Trainer/Supervisor Rhonda M. Merwin, PhD, Duke Eating Disorders Program	2012-2013
Acceptance and Commitment (ACT) Therapy, Trainer Supervisor, Julia T. Woodward, Ph.D. Duke Fertility Clinic.	2013-2014
Cognitive Behavioral Therapy (CBT) for Insomnia, Trainer/Supervisor Teresa Fecteau, PhD, Behavioral Medicine, Clinic, Durham VA Medical Center	2015
Cognitive Behavioral Therapy for Chronic Pain, Behavioral Medicine Clinic, Durham VA Medical Center, Trainer/Supervisor Teresa Fecteau, PhD	2015
Mindfulness Training for Professionals Program, Duke Center for Integrative Medicine, Durham, NC Presented by Jeffrey Brantley, M.D. and Maya McNeilly, PhD	2011/2013
Transforming Trauma: Contemplative Approaches to Spiritual Healing, Cary, NC, Presented by James Finley, PhD	2013
Consultative and Supervision Seminar, Duke University Medical Center, Durham, NC, Presented by Christian Mauro, PhD	2013
Art Therapy in Clinical Practice, The Art Therapy Institute, Sponsored by University of North Carolina – Chapel Hill, School of Social Work, Chapel Hill, NC, Presented by Ilene Sperling, M.A., LPC-S	2012
Written Emotional Disclosure/Expressive , Writing to Improve Health, Duke Center for Integrative Medicine, Durham, NC Presented by John Evans, M.A.T., M.A., EdD	2012
Acceptance and Commitment Therapy: Focusing on Mindfulness and Values Work, Durham, NC, Presented by Kelly G. Wilson, PhD	2011
Assessment and Management of Suicidal Risk, University of North Carolina at Chapel Hill Training Clinic, Chapel Hill, NC, Presented by Erika Wise, PhD	2009
Mindfulness-Based Stress Reduction Program (MBSR) Presented by Jeffrey Brantley, M.D. and Ronald L. Vereen, M.D. Duke Center for Integrative Medicine, Durham, NC	2008
Motivational Interviewing Training, Presented by Cathy Cole, M.S.S.W., L.C.S.W., Chapel Hill, NC	2008
Mindfulness: The Practice of Compassionate Presence, Raleigh, NC, Presented by David Cole, C.C.-C.H.T. & Carol Ladas-Gaskin, M.A.	2008
Cognitive-Behavior Therapy Skills Training, Raleigh, NC, Presented by John Ludgate, PhD	2008

## Professional Memberships

Association for Behavioral and Cognitive Therapies (ABCT)  
American Psychological Association (APA)  
Association of Psychological Science  
Association for Contextual Behavioral Science (ACBS)  
Refugee Health Coalition, Orange County, NC

## Other Educational Experience

New York University, 1998: Certificate in Translation – Spanish, French, Portuguese, and Italian to English



The Julliard School – British American Drama Academy, Oxford, England, 1994:  
Classical Theater  
American University in Cairo, Egypt, 1981-1982: Middle East Studies and  
Intensive Arabic  
Hebrew University in Jerusalem, Israel, 1981: Middle East Studies and  
Intensive Hebrew  
Participated in additional educational programs in Quebec, Mexico, Venezuela,  
France, and Japan

