

**Kimberly Zeszutek, LPC**  
5200 SW Macadam, Suite 580  
Portland, OR 97239  
www.pdbti.org  
(503) 290-3269  
kzeszutek@pdbti.org

#### **Certification/Licensure**

**LPC** – Licensed Professional Counselor (C4742)  
**NCC** – National Certified Counselor

#### **Education**

**M.A. in Counseling: Community Counseling, *Regis University, Denver, CO***  
**B.S. in Psychology, *University of Minnesota – Twin Cities, Minneapolis, MN***

#### **Selected Professional Experience**

**DBT Therapist – Teen and Family Program,**  
*Portland DBT Institute, Portland OR*  
**Crisis Response Therapist,**  
*Washington County Crisis Team at the Hawthorn Walk-In Center, Hillsboro, OR*  
**Private Practice Counselor,**  
*Filtering Light Counseling, Portland, OR*  
**Eco-therapist,**  
*Center at Heron Hill, Canby, OR*  
**Residential Counselor,**  
*Aurora Mental Health, Aurora, CO*  
**Shelter Advocate**  
*The Crisis Center/Women's Crisis Line, Castle Rock, CO*  
**ABA Therapist,**  
*The Center of Excellence, St. Paul, MN*

#### **DBT Specific Training**

DBT CITI Training – October 2019  
Noeticus Counseling and Training Institute (MA Clinical Practicum and Internship)

#### **Other Specialized Training**

Peer Support Specialist Training  
ASIST – Applied Suicide Intervention Skills Training

