

Jason Fritts, LCSW
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Certification/Licensure

Licensed Clinical Social Worker (OR #L6841, CA #LCSW68700 – inactive)
DBT-LBC Certified Clinician (#1898)

Education

MSW, *California State University, Fresno, CA* 2012
Thesis: Mindfulness-Based Cognitive Therapy for Treating Depression Among Economically Disadvantaged Older Adults: A Mixed Methods Study
Graduated with distinction
BA in Sociology, *California State University, Sacramento, CA* 2009

Selected Professional Experience

Team Manager, Licensed Therapist 2019-Present
Portland Dialectical Behavior Therapy Institute, Portland, OR
Licensed Clinical Social Worker 2015-2019
Portland Dialectical Behavior Therapy Institute, Portland, OR
Mental Health Clinician, Dialectical Behavior Therapy Team 2014-2015
Fresno County Department of Behavioral Health, Fresno, CA
Mental Health Clinician, Clinical Team, Urgent Care/Wellness Center 2013-2014
Fresno County Department of Behavioral Health, Fresno, CA
Crisis Worker I, Central Valley Suicide Prevention Hotline 2012-2013
King View Corporation, Fresno, CA
Social Work Intern 2011-2012
County Older Adult Mental Health Program, Fresno, CA
Social Work Intern 2010-2011
Angels of Grace Foster Family Agency, Fresno, CA
Volunteer 2009
Shake Hands India Volunteer Program, Dharamshala, HP, India

Honors/Awards

Golden Key International Honor Society, 2012
California State University – Fresno
Cum Laude, *California State University – Sacramento*, 2009
Music Scholarship, *California State University – Fresno* 2003-2006

Public Presentations/Trainings Provided

“Dialectical Behavior Therapy”: Guest speaker at graduate seminar, *CSU Fresno, Department of Social Work Education, Fresno, CA* 4/2015
“DBT in a Nutshell”: 3-hour presentation offered by *CSCSW, Fresno, CA* 10/2015
“DBT in a Nutshell”: 2-day CEU co-led training with Charlotte Thomas, *MSSA, LCSW, offered by Portland DBT Institute, Portland, OR* 2/2020

DBT Specific Training

10-Day Intensive Training in DBT, *Behavioral Tech, LLC* 2014
Dialectical Behavior Therapy for Substance Users 2015
Portland DBT Institute, Linda Dimeff, PhD
Working Well with a Suicidal Patient, 2016
Portland DBT, Institute, Jesse Homan, LPC



Other Specialized Training

Training-for-Trainers Intensive Training in Applied Suicide Intervention Skills Training (ASIST) by *Living Works Education* 2012
Applied Suicide Intervention Skills Training (ASIST) 2012

Professional Memberships

National Association of Social Workers 2012
California Society for Clinical Social Work 2012

